Man arrested for alleged sex abuse of 8-year-old boy. PAGE 2
CUC receives $2M check for Garapan sewer line project. PAGE 3

Hafa Adai!

$1

Saipan Tribune

THE CNMI'S FIRST DAILY NEWSPAPER

Volume XXXII, Issue No. 91

www.saipantribune.com | MONDAY MAY 9, 2022 | www.facebook.com/saipantribune

SMA's Rota-Guam route is back

By KIMBERLY B. ESMORES
kimberly_esmores@saipantribune.com
REPORTER

Star Marianas Airlines Inc. has resumed its flight service from Rota to Guam following the proposal made by two Rota lawmakers to fund the transportation of a Customs and Border Protection officer from Saipan to Rota.

According to a social media post made by Rep. Donald Manglona (Ind-Rota) over the weekend, Star Marianas has officially resumed flights from Rota to Guam and back.

"This is definitely great news for Guam and our Commonwealth, as we connect our people to the rest of the world. Special thanks to Star Marianas Air, Sens. Paul Manglona (Ind-Rota) and Edith Deleon Guerrero (D-Saipan), CBP, and all those who have in one way or another contributed to the resumption of flight services between Guam and Rota," he said.

Rep. Donald Manglona said that, although his and Sen. Paul Manglona's office will temporarily be shouldering the expense of transporting CBP officers from Saipan to Rota, they continue to look for a permanent solution.

"While there are still some issues we will need to address, my office, along with the Office of Sen. Paul, have absorbed the cost of sending

See SMA'S on Page 4

Gas up another 15 cents

By KIMBERLY B. ESMORES
kimberly_esmores@saipantribune.com
REPORTER

The CNMI saw another increase in fuel prices, with local oil companies raising their prices by another 15 cents last Friday and Saturday.

Late Friday afternoon, Mobil Oil Marianas raised its fuel prices by 15 cents, followed by Shell Marianas early Saturday morning.

Mobil now charges $6.11 for a gallon of its Extra fuel, from $5.96. Its Supreme fuel was hiked from $6.41 per gallon to $6.56 while diesel is now $6.98 from $6.78.

Fuel prices in the CNMI have been seesawing between ups and downs as of late. Last April 20, the CNMI saw a steep increase of 20 cents, with local oil companies increasing regular fuel prices to $5.96 for a gallon. Prior to the April 20 increase, fuel companies lowered prices from $5.86 to $5.76 per gallon of regular fuel. Before the April 11 rollback, the price of fuel was reduced from $6.01 to $5.86 in the first week of April.

The CNMI saw its first fuel in-

See GAS on Page 4

COMMUNITY VULNERABILITY

LEGEND:
- **Red:** Least safe
- **Orange**
- **Yellow**
- **Blue**
- **Green:** Safest

Source: Office of the Governor

Dictator's son, rights lawyer vie for PH presidency

MANILA, Philippines (AP)— More than three decades after a largely peaceful "People Power" revolt overthrew Philippine dictator Ferdinand Marcos, his son and namesake has emerged as the top contender in Monday's presidential election based on most voter-preference surveys.

Here are some key facts about the major issues, the leading candidates and election concerns:

What's at stake

If Ferdinand Marcos Jr. triumphs, it will be a stunning reversal of the 1986 pro-democracy uprising that booted his father out of office into global infamy. Many Filipinos remember the human rights atrocities and plunder that unfolded under his dictatorship and would likely push

Robredo | Marcos

back against any perceived threat to democracy or Marcos Jr.'s attempt to recover his family's assets that were seized by the government as ill-gotten wealth.

The winner stands to inherit immense problems, including an economy battered by the coronavi-

See DICTATOR'S on Page 4

NMI tops semis in Oxford contest

CONTRIBUTED PHOTOS

Chloe Wingerter, left, public health evaluation specialist, and Kaitlyn Neises-Mocanu, special assistant for policy, sustainability, and development, Commonwealth Healthcare Corp., representing the CNMI at the "Map the System" competition at the University of Oxford in Oxford, England. Inset shows Reina Camacho, right, acting manager of administrative services and general support of the Division of Customs Biosecurity; Erin Camacho, left, dietician for the Public School System's Food and Nutrition Program; and Patty Coleman, center, interim dean of Northern Marianas College-Cooperative Research, Extension, and Education Services, explain to NMC students and faculty the dynamics of the food systems map that they created.

» CNMI tackles diet-related diseases in 'Map the System' contest

The CNMI's presentation on diet-related diseases in the Marianas secured first place in the semifinals of the University of Oxford's "Map the System" competition.

The competition is a global initiative of the Skoll Center for Social Entrepreneurship at Saïd Business

See NMI on Page 4

INSIDE

LOCAL
Edward G. Untalan is named the 2021 *Guam Business Magazine* Executive of the Year.

Page 12

HEALTH & WELLNESS
A fall can put you at risk of serious injury. There are some simple tips to prevent this.

Page 14

LIFE & STYLE
A marble bust found in Texas has been determined to be a centuries-old missing sculpture.

Page 15

SCAN ME WITH A COMPATIBLE QR READER TO KEEP UPDATED ON ALL THE LATEST NEWS.

Local

Man arrested for alleged sex abuse of 8-year-old boy

By LEIGH GASES
leigh_gases@saipantribune.com
CORRESPONDENT

The Superior Court has set a $100,000 bail for a man accused of sexually abusing an 8-year-old boy.

During a bail hearing last Friday, Associate Judge Joseph Camacho set a $100,000 bail for Christian Harrys Santos Manuel, 36, a barber, who was arrested last week on charges of sexual abuse of a minor in the first degree and disturbing the peace.

Sexual abuse of a minor in the first degree is punishable by up to 30 years imprisonment, while a disturbing the peace charge carries a penalty of up to six months imprisonment.

The initial complaint to the Department of Public Safety was made by the Division of Youth Services last April 25, after the child's legal guardian reported the allegation.

In an interview with the victim at DYS last May 2, it was learned that the child's mother used to bring the child to her Manuel, also known as "Christy," at a salon he works and lives, to watch the minor while she goes to work and that's how Manuel met the child.

According to court documents, the victim's mother is currently in prison at the Department of Corrections and the child is in the care of a guardian.

The child told police what Manuel would make him do.

LEIGH GASES

Christian Harrys Santos Manuel is seen heading to his bail hearing in Associate Judge Joseph Camacho 's courtroom at the Superior Court last Friday, May 6.

Additionally, it was learned from the victim that "Christy" told him to tell anyone, on a promise that he would buy a Nintendo game console for the boy.

After the forensic interview, officers met with the legal guardian of the child, who started watching over the boy as his official legal guardian since Aug. 25, 2021. According to the guardian, she asked her son to "install a parental guidance app on [the victim's] tablet. Her son 'discovered pornography videos that were downloaded on the tablet and immediately informed' his mom.

The guardian then asked the child how the videos ended up on the tablet, and the victim said that Manuel downloaded them and would make the child watch the videos.

It was learned that the guardian knew of Manuel through the child's mother when they used to go to the salon. The guardian was able to positively identify Manuel through photos as the suspect, Christian Harrys Santos Manuel."

Manuel's preliminary hearing is set for Friday, May 13 at 10am.

Spotlight focuses on CNMI's police officers

Gov. Ralph DLG Torres simultaneously signed four proclamations last Friday during a visit to the Department of Public Safety for Public Service Recognition Week, paving the way for a series of events this month intended to honor the CNMI's police force.

The proclamations designate May 15, 2022, as Peace Officers' Memorial Day; the week of May 15-21, 2022, as CNMI Police Week; the week of May 21-27, 2022, as National Safe Boating Week; and May 23-June 5, 2022, as Click It or Ticket Mobilization in the CNMI.

"I call upon all patriotic, civic, and educational organizations to participate in appropriate ceremonies and observances in which all our people may join in commemorating law enforcement officers, past and present, who, by their faithful and loyal devotion to their responsibilities, have rendered a dedicated service to their communities; and in so doing, have established for themselves an enviable and enduring reputation for preserving the rights and security of all citizens. Let us all recognize and pay respect to the survivors of our fallen heroes," said Torres in the proclamations.

OFFICE OF THE GOVERNOR

During Gov. Ralph DLG Torres' Public Service Recognition Week visit to the Department of Public Safety last Friday, he also proclaimed May 15, 2022, as Peace Officers' Memorial Day, the week of May 15-21 as CNMI Police Week, the week of May 21-27 as National Safe Boating Week, and the week of May 23-June 5 as Click It or Ticket Mobilization in the CNMI.

U.S. Congress and the U.S. President have designated May 15 as National Peace Officers' Memorial Day, and the week in which it falls as Police Week. Peace Officers' Memorial Day remembers police officers who have fallen in the line of duty.

"Law enforcement agencies of the CNMI work tirelessly to protect our citizens, enforce our laws, and keep our neighborhoods safe. They report for duty knowing full well the dangers they face and the sacrifices they may be called upon to make. On May 15-21, we pay tribute to the thousands of men and women who serve us with extraordinary bravery, and we remember the heroes who have laid down their lives in pursuit of a safer, more just society," reads part of the proclamation.

For the national Click It or Ticket mobilization enforcement period (May 23 to June 5, 2022), DPS officers will actively be participating in the mobilization to ensure all motor vehicle occupants are buckled up day and night to reduce the risk of injury and death caused in traffic crashes.

"The safety and security of the citizens of Commonwealth of the Northern Mariana Islands and surrounding areas are vitally important; and…regular seat belt use is the single most effective way to reduce fatalities in motor vehicle crashes," it states.

The CNMI's seat belt use rate increased by 2.51 percentage points from 93.92% in 2019 to 96.43% in 2021; and is supported by the laws of the CNMI. ***(Saipan Tribune)***

COMMONWEALTH HEALTHCARE CORP.
Established October 2011
COMMONWEALTH OF THE NORTHERN MARIANAS
Catch up with Immunizations
Routine Immunization helps protect against 14 diseases
Find out if your child is up to date
Schedule an appointment to catch up with Immunizations
Call the CHCC Immunization Program at
(670) 236-8745 (Saipan)
(670) 433-9233 (Tinian)
(670) 532-9461 (Rota)
This project was supported by Grant 6 NH23IP-922587-03-01 CFDA93.268 from CDC and the Commonwealth Healthcare Corporation (CHCC). The contents above are solely the responsibility of CHCC and necessarily represent the official views of CDC or HHS.
WWW.CHCC.HEALTH
@CNMIPOPHEALTH
@CHCCMICAH

COMMUNITY BRIEFS

5.4-magnitude quake in Pagan region

At 2:58am on May 8, 2022, a report of a 5.4-magnitude earthquake occurred 18.806°N 145.564°E in the Pagan region, Northern Mariana Islands. Currently, there are no tsunami warnings or advisories that were issued by the Pacific Tsunami Warning Center. For more information, contact the CNMI EOC State Warning Point at (670) 237-8000.

Jury selection today cancelled

This is to inform all prospective jurors on panel "21JS" that the jury selection scheduled for today, May 9, 2022, at 8:30am is cancelled. For further information contact Clerk of Court Patrick Diaz at Superior Court at (670) 236-9783 or (670) 783-8522. ***(PR)***

CUC receives $2M check for Garapan sewer line project

The Commonwealth Utilities Corp. hag gotten the green light to replace the Garapan sewer line after it was given $2 million last Friday for the design and construction of the replacement project.

The CNMI Infrastructure and Recovery Program under the Office of the Governor, with the help of Gov. Ralph DLG Torres, gave the $2-million check to CUC executive director Gary Camacho so the Garapan sewer line replacement project can now start.

The funding, which is set to expire in April 2023, will be used for the design and construction of the project, which includes replacement of 1,240 feet of 8-inch and 6-inch gravity main; installation of new sewer manholes, service laterals, and temporary bypass system; and asphalt road restoration.

In a brief statement from IRP coordinator Marianne Concepcion-Teregeyo, she said this is the first of many projects the IRP will be issuing funds for and she is excited for the completion of such a big, important project.

"Handing over the check is one thing but the most exciting part is when it's completed and we look forward to that," she said.

According to IRP civil engineer Mariano Iglecias, this project was pushed to the top of the line of many future projects because it ties directly into the Office of Planning and Development's Garapan Revitalization project, which is currently in the works.

"One of the reasons we pushed this project to the front of the line is simply because there were overlaps in the Garapan Revitalization project with OPD. It would have been a disaster had we not done this. We are happy to get this project moving before the OPD revitalization project so that we save the CNMI further costs down the road in terms of having to have OPD's project move ahead, only for CUC to come back and rip up a newly paved road," Iglecias explained.

Camacho, for his part, said he grateful to the Office of the Governor and IRP for the funding as this is a major project for the CNMI, given that Garapan is one of the island's most popular tourist sites.

"This is a major part of our economic hub, this this particular area, and this will help and obviously prove the support for economic growth and development as we move forward. I want to also recognize the Garapan revitalization committee. They've been pushing that area for a couple of years now. Chris Concepcion is really at the forefront and we always want to recognize him and understand that this is one of his many projects down there also," he said.

Torres reminds the CNMI community to be patient with CUC as it works toward the completion of a new sewer line in Garapan. "While this construction is ongoing, I ask your patience. Please allow the construction company and all its workers ample time and space to do their work. Let's be nice and courteous to all the construction companies. Trust me, they want to get this project finished as soon as possible. We need our community to show their support as well," Torres said. ***(Kimberly B. Esmores)***

ARMATECH

Electric Motor Rewinder and Repairer

Tel: (670) 234-8895 | Email: armatech.saipan@gmail.com
Mobile: (670) 287-5525 / (670) 783-8895

JOB VACANCY ANNOUNCEMENT

Operations Manager (Saipan, MP)
Develop business strategy to achieve organizational sales goals and revenues; Monitor and plan direct activities of importing main materials overseas; Communicate effectively with customers to identify their needs and evaluate solutions in order to satisfy the customers' needs; Review annual, quarterly and monthly sales revenue and make sales and financial reports in order to set up a long-term goal and objectives; Analyze and review financial performance of the corporation and identify improvement; Send Resume & Transcript to P&A CORPORATION. ATTN: Do Yi KIM, P.O.BOX 506003, Saipan, MP 96950.

JOB VACANCY ANNOUNCEMENT

ELEMENTARY/SECONDARY SCHOOL TEACHERS (2):
Elementary School Teacher – Prepare, teach, and facilitate lessons and monitor and manage students in classroom in accordance to the set objectives of the school curriculum. Give assignments, grade, and provide feedback on student work. Complete general administrative work and participate in extracurricular activities. Education: Bachelor's in Primary or Secondary Education; Experience: 24 Months as an Elementary, Middle, or Secondary School Teacher. Send Resume to: Green Meadow School, Attn: Milagros Songcuan, P.O. Box 502862, MP 96950.

ART MAN
CORPORATION

SERVICES will be:
• Sewer Pumping
• Snake Wiring
• Portable Toilet Rental
• Portable Hand Wash Station
• Handling Recyclable Wastes

PMB 122 Box 10000 MP 96950, Lower Base
artmancorporation@gmail.com
Please Call: 234-8079 | 287-8079

Experience iPhone.
Experience savings.

Get UP TO $50 in FREE gas and the chance to WIN $1000 in Shell fuel.

iPhone 12
FREE | $80/MO UNLIMITED

ite.net itecnmi itecnmi

Terms and conditions apply. Phone colors subject to availability. Savings advertised based on $80/mo Plan on a 24-month contract. Voucher offer valid from 04/01/2022 – 05/31/2022 or while supplies last. Saipan residents receive UP to $50 in Shell fuel vouchers. Tinian and Rota residents receive UP to $50 in Ace Hardware gift cards. 1 raffle entry per sign up. See stores for details or visit ite.net.

EARN PACIFICPOINTS

IT&E

Online portal for CHCC patients' immunization records launched

The Commonwealth Healthcare Corp. has launched its new online portal for immunization records. The portal allows adults, parents, or legal guardians to view and print immunization records, including COVID-19 vaccination for their child(ren) (ages 0-17 years).

The portal is available at https://www.chcc.health/immunization.php.

Parents and people 18 years and older should call the VaccinateCNMI call center to update their contact information before accessing the portal. Contact information for children must be the same as their parent/legal guardian to use the portal. Incorrect contact information will cause delays in accessing you or your child's record.

The number for the VaccinateCNMI call center is (670) 682-7468 (SHOT), available Monday to Saturday, from 7:30am to 4:30pm, and Sunday, 8am to 12pm.

The patient portal utilizes the CNMI's registry for immunization, WebIZ, which is a confidential, online health system used to keep track of immunization records. It combines all immunizations a person has received in the CNMI into a single record even if they were given by different health care providers. It makes keeping track of vaccinations easier and helps ensure people get the right vaccines at the right time.

Vaccine recipients or parents and legal guardians of minor children can download and print an official immunization record through the online portal. An official record can be used as proof of immunization for employment, travel, or other purposes. ***(PR)***

Man arrested for alleged possession of stolen firearm and disturbing the peace

A man was arrested on Rota last week after two children reported seeing him with a gun tucked in his pants at the Sinapalo Safeway store area.

The suspect in the case, Ikbal Bepari, was charged with possession of a stolen firearm and disturbing the peace. Superior Court Associate Judge Joseph Camacho set Bipari's bail at $10,000. Camacho appeared at the hearing via video conference.

However, based on stipulation, or an agreement between the prosecutor and public defender, Bepari shall be released from custody. Bepari waived his right to a preliminary hearing and will next appear in court on June 24 at 9am.

According to court documents, Ali Bepari called the police on May 4, around 9:17pm, to report that "two kids informed him that they saw [Ikbal] Bepari by the Sinapalo Safeway store area with a gun tucked in the backside of his pants. The two children reported to Ali that they feared for their safety."

Officers then searched around the Sinapalo Safeway store area but did not find Ikbal Bepari.

Afterwards, they met again with Ali Bepari, who identified the two children who told him about the suspect having a gun. Ali Bepari also reported that the suspect is his nephew and that he saw him standing outside his house, which he pointed out to the officers.

It was learned during an interview with the two children that they allegedly saw a pistol grip sticking out from the back side of the suspect's pants, so they immediately left the area.

That night the suspect was still not located, but officers were informed of a sighting of the suspect in the early morning of May 5. Ikbal Bepari was eventually caught by police near an abandoned house and was brought to the Department of Public Safety where he was booked.

Officers also allegedly found in the area where Ikbal Bepari was caught and found a black Glock 22 pistol with one .40-caliber round in the chamber that was found to be a match to a stolen gun. ***(Leigh Gases)***

NMI

From Page 1

School of the University of Oxford and features higher education institutions coming together to discuss social and environmental changes. The global final is set for June 2022.

Team CNMI consisted of Kaitlyn Neises-Mocanu, Commonwealth Healthcare Corp. special assistant for policy, sustainability, and development; Erin Camacho, dietician for the Public School System's Food and Nutrition Program; Reina Camacho, acting manager of administrative services and general support of the Division of Customs Biosecurity; public health evaluation specialist Chloe Wingerter, a graduate student at the University of Oxford; and Patty Coleman, interim dean of Northern Marianas College-Cooperative Research, Extension, and Education Services.

Neises-Mocanu and Wingerter presented in person at the University of Oxford in Oxford, England while the rest of the CNMI team joined virtually.

They presented a food systems map that identified "complex systemic causes" of the prevalence of high-risk diets (processed foods, sugary drinks) in the CNMI, and how the indigenous people of the Marianas have some of the highest rates of diet-related diseases in the world. The presentation included key informant interviews, insights from native cultural practitioners and the private sector, producers, and a report of the dynamics of the CNMI's food system at macro and micro economic levels.

Team CNMI also discussed current efforts to reduce diet-related diseases and recommendations to improve public health. They competed against five other teams. In the semi-finals, the team garnered first place.

A judge from the University of Oxford-Saïd Business School said the CNMI's "systems map was very comprehensive and interconnections were clearly illustrated."

The team was also commended for the quality of the presentation's digital recording which was created by NMC media specialists Michaela Gatdula and Casey Huliganga.

"The CNMI team's success belongs to our stakeholders in this work," team captain Neises-Mocanu said. "I'm hopeful this conversation will extend beyond the competition, and inform a comprehensive strategy to overhaul the CNMI's food systems."

Team CNMI also thanks the farmers, ranchers, business owners, policy makers, cultural practitioners and everyone who were interviewed for the research. According to Neises-Mocanu, they all provided "tremendous insights and understanding" of the CNMI's food system.

"It's the utility of our food systems map that was the main reason I agreed to join the team," said Coleman. "We are using our findings and recommendations from the competition to help inform our current NMC-CREES work in nutrition security and systems science. And, it's a pleasure to work with Kaitlyn, Chloe, Reina, and Erin as they are truly committed to enhancing health and wellness through collaborative, multi-sector approaches."

Coleman currently serves as the CNMI's lead researcher on a food systems/systems science program funded by a grant from the U.S. Department of Agriculture. The program uses statistical modeling and community-based participatory research to gain better insights into the CNMI food system and come up with potential solutions to enhance human nutrition.

Team CNMI will compete in the global final against other teams from other countries and universities in June 2022. The University of Oxford will host the final event. ***(PR)***

GAS

From Page 1

crease of the year back on Jan. 5, when local oil companies raised prices of regular fuel to $4.96, followed by a string of increases that reached an all-time-high of $6.06 per gallon of regular fuel in March. The CNMI then finally saw its first gas rollback in mid-March with oil companies brining regular fuel down to $5.86. The rollback was followed by yet another increase at the end of March with fuel going back up to $6.01.

Local motorists say they are starting to feel the impact of the fuel increases.

"The last few increases and rollbacks were fine. Now with gas at $6.11, I can really feel the impact on my wallet when I fill up my tank," said a 25-year-old motorist.

Another motorist says the rise in fuel prices should be addressed by the CNMI administration as it has been affecting residents for quite some time now.

"Guam has already addressed their fuel problem with their administration providing relief in the form of gas vouchers. Here in the CNMI, there's been constant back and forth while the people are suffering. We've been hearing talks about gas vouchers and stimuluses but until now, there isn't a solid legislation that all the government branches can agree on. This needs to be addressed because we're still trying to recover," the 43-year-old woman said.

DICTATOR'S

From Page 1

rus pandemic, deeper poverty and unemployment, hyperinflation due to skyrocketing oil and gas prices, decades-old insurgencies and inflamed political divisions. Outgoing populist leader Rodrigo Duterte's successor also likely faces calls to prosecute him for his bloody crackdown on illegal drugs that has left thousands of mostly poor suspects dead and alarmed the international community. The International Criminal Court has been investigating the killings as a possible crime against humanity.

Ferdinand Marcos Jr.

A former provincial governor, congressman and senator, the 64-year-old son of the late dictator is waging the most impressive attempt yet of the Marcos family to recapture the presidency. His mother, Imelda Marcos, twice unsuccessfully attempted to retake the seat of power after returning with her children to the Philippines from exile in the United States, where her husband died in 1989.

Marcos Jr. has defended his father's legacy and steadfastly refuses to apologize for and acknowledge the atrocities and plunder during the dictatorship. Married to a lawyer, with whom he has three sons, he has stayed away from controversies, including a past tax conviction and the Marcos family's refusal to pay a huge estate tax. Throughout his campaign, he tenaciously stuck to a battle cry of national unity. He denies accusations that he financed a yearslong social media campaign that harnessed online trolls to smear opponents and whitewash the Marcos family's checkered history, daring critics to "show me one."

Leni Robredo

As an economics student at the state-run University of the Philippines in the 1980s, Leni Robredo joined the massive protests that led to the ouster of the elder Marcos. The 57-year-old also took up law and successfully ran for a seat in the House of Representatives in 2013 in her first foray into politics after her husband, a respected politician, died in a plane crash in 2012. She defeated Marcos Jr. in the 2016 vice presidential race with a narrow margin in their first electoral faceoff. Her advocacies center on defending human rights and empowering the poor partly by teaching them their legal rights.

The daughter of a trial court judge, Robredo does not belong to any of the prominent families that have dominated Philippine politics for generations, and is running as an independent propped by a network of campaign volunteers. As the opposition vice president, who was separately elected from Duterte, she condemned the killings of mostly poor drug suspects as part of his crackdown, angering the brash-talking leader and straining their ties for years. The mother of three has been cited for her integrity and a lifestyle that shuns the trappings of power—she used to regularly travel alone by bus to her home province as a congresswoman.

Other contenders

Eight other presidential aspirants have lagged far behind in pre-elections surveys, including Manny Pacquiao, the 43-year-old former boxing star, who vowed to build houses for the poor and lock up corrupt politicians in a "mega-prison." Manila Mayor Isko Moreno, a 47-year-old former TV heartthrob, banked on his rags-to-power life story and public awe over his massive cleanup of the capital. Sen. Panfilo Lacson, a 73-year-old former national police chief, has promised to continue exploiting his investigative skills to expose major government corruption.

Securing the vote

Aside from the presidency, more than 18,000 government posts will be contested in the elections, including half of the 24-member Senate, more than 300 seats in the House of Representatives, as well as provincial and local offices across the archipelago of more than 109 million Filipinos. About 67 million have registered to cast their ballot during the 13-hour voting starting at 6 a.m., an hour longer than the midterm elections in 2019 to compensate for slower queues due to social distancing and other coronavirus safeguards.

Thousands of police and military personnel have been deployed given longstanding risks posed by communist and Muslim rebels and a history of often bloody family and political rivalries in rural areas. In 2009, gunmen deployed by the family of southern Maguindanao province's then-governor massacred 58 people, including 32 journalists, in an attack on an election convoy that shocked the world.

SMA'S

From Page 1

CBP officers to Rota to clear all outbound and inbound passengers, while we look for a more permanent solution," he said.

Last week, Manglona sent out a letter to SMA general manager Jose Cruz, stating that his office and Sen. Paul Mangona's are ready to fund the airfare for a CBP officer from Saipan to Rota once SMA agrees to resume flights from Rota to Guam.

Manglona noted that the lack of a CBP personnel to conduct a pre-clearance check was one of the reasons flight service between Rota and Guam was temporarily suspended.

Manglona said the immediate resumption of air service from Rota to Guam is vital for the people of Rota.

"This air service would provide the island of Rota, in addition to U.S. mainland and international destination transit flights, a greater opportunity for medical care, education, and access to affordable commodities on Guam," he said.

According to *Saipan Tribune* archives, Star Marianas has wanted to resume flights from Rota to Guam for a while now but CBP's recent requirement to have all outbound passengers cleared from Rota to Guam has been a challenge for the airline to resume the route. Fortunately, thanks to the proposed agreement, SMA has successfully resumed scheduled flights to and from Guam from Rota.

APPLY NOW!

PACIFIC CENTURY FELLOWS PROGRAM Marianas Chapter

The Pacific Century Fellows Marianas Chapter is a non-profit, leadership development program that runs for nine months uniting emerging leaders from diverse professions and background in an attempt to address problems and concerns facing the Northern Mariana Islands through innovative solutions.

REQUIREMENTS

- **Must be between the ages of 25-45**
- **Must reside in the CNMI for at least 1 year**
- **Submit completed application**
- **Provide two (2) letters of recommendation**
- **Must attend opening weekend retreat**
- **Must meet minimum attendance requirement**

"Fellows will be in an environment that will foster open mindness, creativity, and constructive problem solving. Fellows will be better able to lead, not only in their respective industries, but in the communities they serve and the islands in which they live."

IMPORTANT DATES

- **April 18 - May 16, 2022:** Application Period
- **May 21, 2022:** Selection Saturday (Mandatory)
- **May 28-29, 2022:** Opening Weekend Retreat (Mandatory)

For more information or to download an application, visit us at **www.pcf-marianas.com** or contact Ms. Rina Robles at (670) 235-0561 ext. 118.

Commonwealth of the Northern Mariana Islands
OFFICE OF THE GOVERNOR
Bureau of Environmental and Coastal Quality
Division of Coastal Resources Management
P.O. Box 501304, Saipan, MP 96950
Tel: (670) 664-8300; Fax: (670) 664-8315
www.dcrm.gov.mp

Eli D. Cabrera
Administrator

Richard V.Salas
Director, DCRM

NOTICE OF CRM PUBLIC HEARING
DEPARTMENT OF LANDS AND NATURAL RESOURCES
GARAPAN FISHING BASE REVETMENT & SHORELINE STABILIZATION
PERMIT APPLICATION NO. SMS-2022-029

The Division of Coastal Resources Management (DCRM) will be holding a public hearing for the proposed revetment and shoreline stabilization of the Garapan Fishing Base project in Garapan, Saipan, near the Farmers Market and across the Kristo Rai Church and parking lot area.

The Department of Lands and Natural Resources (DLNR) is proposing to construct the revetment along the land-lagoon interface by stabilizing 380 feet of shoreline along the Garapan Fishing Base. DLNR anticipates to complete the construction by late 2023.

The public hearing for this project is scheduled on **Tuesday, May 24, 2022, at 5:00PM, at the DCRM Learning Center 3rd Floor, Suite 301, Gualo Rai Center, Middle Road, Lower Gualo Rai, Saipan.**

To maintain the health and safety of all, virtual public participation is highly encouraged via video conferencing through Zoom link: hhtps://zoom.us/j (Meeting ID: 6706648315). Our Zoom meeting access code may change, please call the DCRM Permitting Office at (670) 664-8300 for connection assistance at least one-day prior to the public hearing date.

If you are unable to attend, written comments can be submitted to the DCRM Permitting Office, Suite 305, Gualo Rai Center, Middle Road, Gualo Rai, Saipan, or mailed to the Division of Coastal Resources Management, P.O. Box 501304, or sent by fax at 664-8315, or by email at ssablan@dcrm.gov.mp. The project files are open for review and comments during regular business hours from 7:30 A.M. – 4:30 P.M., Monday through Friday. All written and oral comments received by DCRM will be included as part of the permit application records and will be considered in any decisions concerning the proposed projects. Please contact Ms. Sam Sablan at the DCRM Permitting Office at 664-8300/1 if you have any questions or would like to learn more about the DLNR Garapan Fishing Base Revetment and Shoreline Stabilization Project.

/s/ Richard V. Salas
Director
Division of Coastal Resources Management

COMMONWEALTH UTILITIES CORPORATION
OFFICE OF THE EXECUTIVE DIRECTOR

REQUEST FOR ARCHITECTURAL AND ENGINEERING SERVICES
CUC-RAESP-22-024
INTEGRATED RESOURCE PLAN

The Office of the Executive Director for the Commonwealth Utilities Corporation (CUC) is soliciting competitive sealed Architectural & Engineering Services Proposal from qualified firms to update the 2016 CUC Integrated Resource Plan (IRP), which identified a long-range plan for the most cost-effective mix of energy resources, both supply-side and demand-side management (DSM) and included a review of commercially available base load and renewable energy alternatives. The updated Integrated Resource Plan (IRP) will include optimizing this power supply portfolio to minimize costs while maximizing sustainability and resiliency while including the lasted in renewable, DSM, and operating technologies.

This project is funded by a grant from the United States Department of Housing and Urban Development (HUD). The award of this project is contingent upon receipt of the approval for the project award from Northern Marianas Housing Corporation (NMHC) and HUD.

The RAESP package may be obtained via email between 7:30 a.m. to 11:30 a.m. and 12:30 p.m. to 4:00 p.m., Monday through Friday, except on government observed holidays upon completion of registration and presentation of a receipt evidencing a non-refundable payment to the CUC Treasury Section, by cash, check or credit card in the amount of $300.00 for one RFP package set. **To register for the RAESP, please contact Christie Sablan, CUC Purchasing Technician Senior via email address christie.sablan@cucgov.org.**

One (1) original and Five (5) hard copies of the Proposal; and One (1) original and Five (5) hard copies of the Cost Proposal must be submitted in a separately sealed envelope marked *"CUC-RAESP-22-024, Integrated Resource Plan"* to the CUC Procurement & Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, P.O. Box 501220, Saipan, MP 96950, no later than **10:00 AM (ChST) on May 24, 2022.** Late submissions and conditional proposals will not be considered.

All Offerors are advised that CUC assumes no responsibility in any act of omission on the part of the Offeror due to lack of information or understanding of the proposal requirements in the course of Contractor's preparation of a proposal or supply under the contract.

Discussions may be conducted with responsible proposers for the purpose of clarification and to ensure full understanding of, and responsiveness to solicitation requirements. Proposers shall be accorded fair and equal treatment. There shall be no disclosure of any information derived from proposals submitted by competing proposers.

All responses to this RAESP should take into account any and all taxes, including excise tax, which will become the obligation of the proposer awarded a contract.

This RAESP does not commit CUC to the award of a contract or contracts, nor to pay any cost incurred in the preparation and submission of proposals in anticipation of a contract. This request and the ensuing contract shall be executed pursuant to the CUC Procurement Regulations. The contractor shall be required to comply with all CNMI and applicable Federal Laws.

Questions or requests for clarification will be entertained only from pre-registered prospective proposers and must be submitted in writing no later than **10:00 a.m. (ChST) on May 10, 2022** to Manny B. Sablan, CUC's Procurement Administrator, via email address manny.sablan@cucgov.org with a copy to Anne Crocket, CUC Power Division Chief Engineer via email address anne.crocket@cucgov.org and Christie Sablan, Purchasing Technician, Senior via email address christie.sablan@cucgov.org.

CUC reserves the right to reject any or all proposals for any reason and to waive any defects in said proposal, if in its sole opinion, to do so would be in the best interest of CUC. All proposals shall become the property of CUC.

GARY CAMACHO
Executive Director

MANNY B. SABLAN
Purchasing Administrator

PSS tsunami drill tomorrow

The CNMI Public School System, in collaboration with the Office of Homeland Security & Emergency Management, Department of Public Safety, and Department of Fire and Emergency Medical Services, will be conducting a tsunami preparedness exercise drill tomorrow, May 10, 2022, at 9am for three public schools simultaneously: Gregorio T. Camacho Elementary School, Admiral Herbert G. Hopwood Middle School, and Francisco M. Sablan Middle School.

The students and faculty of GTC will be making their way from the school across Chalan Pale Arnold Road and up along San Roque Drive to their assembly area, the San Roque Parish Church area.

The students and faculty of Hopwood Middle School will be making their way from the school across Beach Road and up along As Perdido Road to their assembly area, the CNMI DLNR Division of Parks & Recreation Office area.

The students and faculty of FMS Middle School will be making their way from the school along the southbound lane of Beach Road up to their assembly area, the NMIFA Soccer Training Facility area.

Motorists are advised to exercise caution as the students, faculty, and first responders conduct this school tsunami drill, and residents are also advised to secure any loose pets for student and faculty safety. "PSS, HSEM, DPS, and DFEMS would like to thank the community in advance for their patience as we work to prioritize student safety and emergency preparedness in the Marianas," said a statement from the Office of the Governor. ***(PR/Saipan Tribune)***

NORTHERN MARIANAS COLLEGE
Procurement & Property Management Office
P.O. Box 501250 • Saipan, MP 96950 U.S.A.
Phone: (670) 234-5498 Ext. 6824 | www.marianas.edu

INVITATION FOR BIDS
ELECTRONIC GOLF CARTS
NMC IFB 22-0005

Northern Marianas College is soliciting competitive sealed bids for the procurement and delivery of Two (2) Electronic Golf Carts Equipment for Saipan Campus.

The bid specifications and Scope of Work packet may be pick up at the NMC Procurement Office, Bldg. P, commencing Monday, May 09, 2022 between the hours of 10:00-11:30 a.m. and 1:00-4:00 p.m.

Electronic packet, Anita Camacho email: anita.camacho@marianas.edu

Bid submission
Procurement & Property Management Office, Bldg. P,
As Terlaje Campus Saipan
Due Date and Time: 10:00am, June 10, 2022, ChST

Paid for by 100% Federal Funds through USDA-Rural Development Community Facilities- Disaster Grant Case Number 62-005-91982292.

This solicitation does not constitute an offer and does not obligate the College in any way. The College reserves the right to reject any and/or all bid offers for any reason and waive any defect in said bids, or cancel in part or its entirety this IFB, if it deems, in its sole discretion, it is in the best interest of the College.

Approved by:

/s/ Anita Camacho
Procurement & Property Manager

NORTHERN MARIANAS HOUSING CORPORATION
P.O. BOX 500514, Saipan, MP 96950-0514
Email: nmhc@nmhc.gov.mp
Website: http://www.nmhcgov.net

REQUEST FOR PROPOSALS (RFP)
NMHC RFP 2022-022

(This ad is paid by NMHC with HUD funds)
BID SUBMISSION DATE & TIME: May 26, 2022, 10:00 a.m.

"ARCHAEOLOGICAL SERVICES"

The Request for Proposals and Scope of Services will be available on April 25, 2022 at the NMHC website at www.nmhcgov.net by clicking on the "Procurement Tab" or by visiting the CDBG-DR website at www.cnmi-cdbgdr.com.

Inquiries regarding this RFP must be submitted in writing or email to Mr. Jacob Muna, Office Manager/Procurement Officer at officemanager@nmhcgov.net or submitted by facsimile to (670)234-9021 no later than 4:00 PM local time on May 06, 2022.

The provisions of the NMHC Procurement regulations, NMIAC 100-60-725 AND 100-60-730 Prohibiting Gratuities, Kickbacks and Contingent Fees shall apply.

For more information, contact Mr. Jacob Muna, Office Manager/Procurement Officer, at (670)234-6866/9447 or email at officemanager@nmhcgov.net during regular business hours, 7:30 a.m. - 4:30 p.m. Monday through Friday, except CNMI holidays.

/s/ Jesse S. Palacios
Corporate Director
Northern Marianas Housing Corporation (NMHC)

/s/ Merced "Marcie" M. Tomokane
Chairwoman
NMHC Board of Directors

"NMHC is an equal employment and fair housing public agency"

2 Saipan students inducted to the honor society of Phi Kappa Phi

Two students from Saipan were recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines

The Saipan-born students who recently joined the honor society are Angelo Gabriel Manese of Saipan at University of Guam and Monica Pangelinan of Saipan, who is also enrolled at University of Guam

They are among approximately 25,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10% of seniors and 7.5% of juniors are eligible for membership. Graduate students in the top 10%t of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann who had a desire to create a different kind of honor society: one that recognized excellence in all academic disciplines. Today, the Society has chapters on more than 325 campuses in the United States, its territories and the Philippines. Its mission is "To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others."

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the organization's notable members include former President Jimmy Carter, NASA astronaut Wendy Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. For more information about Phi Kappa Phi, visit www.phikappaphi.org. ***(PR) Saipan Tribune)***

NORTHERN MARIANAS
PACIFIC MINI GAMES
2022
NMI
RISING UP TO THE CHALLENGE!
JUNE 17 - 25, 2022 | www.northernmarianas2022.com
PLATINUM
JOETEN DAIDAI FOUNDATION
GALLERIA DFS
Tan Siu Lin Foundation
GOLD
docomo pacific Better Together
IT&E
THE ELAND GROUP
MAR PAC Inc.
SILVER
Mobil
Customers First TRIPLE J
NMTECH
Bank of Guam
BRONZE
GRANDVRIO • AQUA RESORT CLUB
CHONG'S CORPORATION • HERMAN'S MODERN BAKERY
SAIPAN ICE & WATER • ISLANDER RENT A CAR
FIRST HAWAIIAN BANK • SAIPAN STEVEDORE COMPANY
HOTEL ASSOCIATION OF NORTHERN MARIANAS ISLANDS
SPORTSMANSHIP
Pacifica Insurance • Saipan Shipping Co., Inc.
Tokio Marine Pacific Insurance • RNV Construction
Kalayaan • LSG Sky Chefs, Inc.

Opinion

Hafa Adai!
Saipan Tribune
THE CNMI'S FIRST DAILY NEWSPAPER
Volume XXXII, Issue No. 91

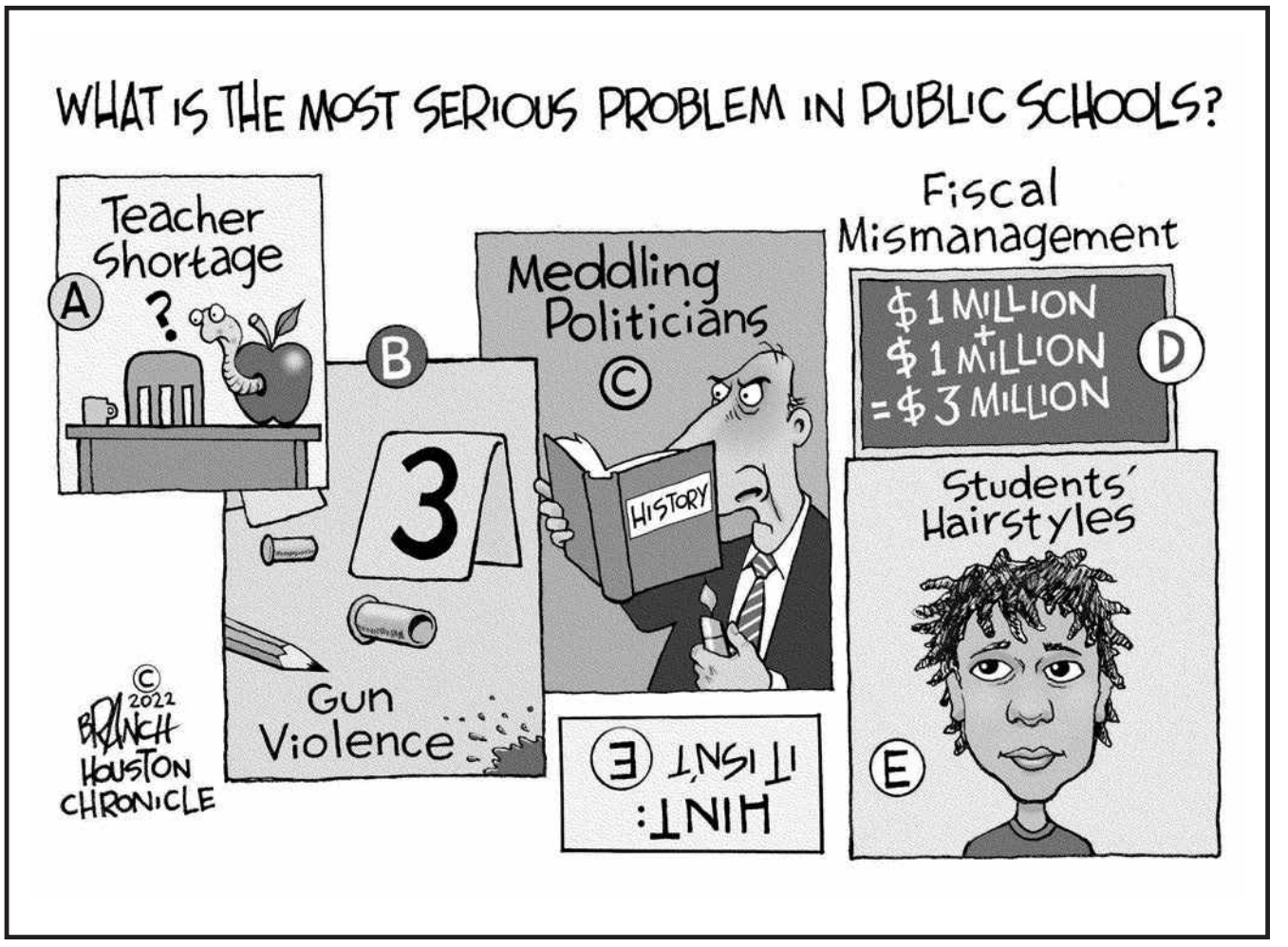
Published daily at 2/F JP Center,
Beach Road, Garapan, Saipan, CNMI
Mailing Address: PMB 34, Box 10001, Saipan, MP, 96950

Jayvee L. Vallejera EDITOR
jayvee_vallejera@saipantribune.com

Mark Rabago ASSOCIATE EDITOR
mark_rabago@saipantribune.com

MEMBER

The Associated Press | Pacific Islands News Association



EDITORIAL

Blindfold, scales for sale. Cheap

The leaked draft of five conservative justices' decision to overturn Roe v. Wade calls into question, like never before, the Supreme Court's legitimacy in the eyes of the American public. Justices have long been united across philosophical lines in voicing their respect for precedent and established law. But now, everything is up for grabs. Americans have good reason to question whether rulings protecting the right to use contraceptives, or gay marriage, or the right to privacy are, in fact, the final word. In the eyes of the American public, political affiliation — not the Constitution — should now be regarded as the determining factor in future Supreme Court rulings.

Perception matters because the Supreme Court's legitimacy hangs on the public's respect for its rulings, which until now have been couched in imagery of black-robed legal scholars thoughtfully poring over prior legal cases and parsing the Founding Fathers' writings to carefully arrive at a balanced and fair decision. Their mascot was Lady Justice, blind to outside political influences and carrying scales that tip only in favor of justice.

Today's justices deserve to be regarded as little more than robed politicians who have already made up their minds, often based on personal religious bias. The majority's rationale in this case is that because the Constitution is silent on the abortion question, the 1973 Roe v. Wade decision cannot stand.

The author of the draft opinion, Justice Samuel Alito, has been reluctant to fully embrace the concept of stare decisis, or respect for precedent. But he stated during his 2006 confirmation hearing: "When a decision is challenged and it is reaffirmed, that strengthens its value. … There is a wisdom in decisions that have been made by prior justices." A majority of justices, in fact, reaffirmed the court's stand on abortion rights in their 1992 Casey decision. So much for prior justices' wisdom.

Republican Sen. Susan Collins of Maine on Tuesday voiced particular displeasure with Justices Brett Kavanaugh and Neil Gorsuch for signing on to Alito's opinion. She said both had told her ahead of their confirmations that they would not deign to second-guess what a five-member majority had previously ruled. The joke was on her.

The fact that this unprecedented leak occurred further undermines the public image of the court as a supposedly sophisticated deliberative body. Add to that a recent history of political subterfuge that determined the court's conservative balance not because of the people's will but because Senate Republican leader Mitch McConnell gamed the system in Republicans' favor.

Then there's the fact that Alito got his job thanks to a president, George W. Bush, who didn't win his first election but got into office thanks to a Supreme Court ruling in his favor.

Lady Justice might as well hang up the blindfold and throw away those scales. Statues, along with precedent and

See BLINDFOLD on Next Page

A supreme conning of America's women

By MARTIN SCHRAM
Tribune News Service

Martin Schram, an op-ed columnist for Tribune News Service*, is a veteran Washington journalist, author and TV documentary executive. Readers may send him email at martin.schram@gmail.com.*

Let's tell the blatant truth right up-front: Senate Republicans are understandably upset by the leaking of the Supreme Court's always-secret draft opinion. Especially this supremely controversial one.

We all now know that the court's new conservative majority voted secretly in February in favor of overturning the half-century of precedent-setting rulings that legalized the rights of America's women to have medically safe abortions. But they weren't quite ready to tell you how dangerous the court's still-being-considered decision can turn out to be for your daughters, wives and loved ones.

If your teenage daughter is raped, her government may force her to give birth to her rapist's child. If a pregnant wife's health is endangered, her government may insist she risk her life and give birth anyway.

Yet we understand the anger Republican leaders feel because of this inconvenient leak. After all, they worked extraordinarily hard, during Donald Trump's presidency, to craft constitutionally sufficient con-artistry that their president's nominees dished after swearing to God they would tell "the truth, the whole truth and nothing but the truth." Some wavering yet astonishingly gullible Republican senators apparently heard only what they wanted to hear – and voted the way their leaders wanted – in confirming Justices Neil Gorsuch, Brett Kavanagh and Amy Coney Barrett.

Republican Sens. Susan Collins of Maine and Lisa Murkowski of Alaska assured us that, based on their public comments and private assurances, Trump's nominees would respect the abortion legalizing precedent of the decisive 7-2 ruling in the 1973 case of Roe v. Wade. But Collins and Murkowski never got confirmation – they just got conned.

Rewind and recall what they heard:

Justice Brett Kavanagh desperately needed Collins' vote to achieve his narrowest 50-48 Senate confirmation. So he called the Roe v. Wade ruling that legalized abortions nationally "settled as precedent" or "precedent on precedent." He even added that precedence is "not a matter of policy to be discarded at a whim."

But whim this: When some senators asked if, when he called the Roe decision "settled as precedent," he meant it was also "correctly settled" and "settled law," Kavanagh of course wouldn't play their silly senatorial word game. Yet Collins voted to confirm Kavanagh, saying she had "full confidence" he wouldn't vote to overturn Roe v. Wade – which, as the leaked draft just showed, is precisely what he was perfectly willing to do.

Justice Neil Gorsuch, in contrast, was willing to say what Kavanagh wouldn't say – he called the Roe precedent "settled law." But if that gave you the impression that he meant the "settled law" was settled law that shouldn't be overturned, well, like Collins and Murkowski, you also got conned. For Gorsuch added a weak-reed garnish – that Roe was settled law "in the sense that it is a decision of the U.S. Supreme Court." Say what?

Listener Collins chose to just ignore Gorsuch's weasel-worded nonesuch back then. Now she is saying the leaked draft is "completely inconsistent" with what Kavanagh and Gorsuch told her. That will comfort the raped teens and medically endangered women who will soon be unable to get legal, safe abortions because of Collins' thoughtless vote.

Justice Amy Coney Barrett, meanwhile, coyly called Roe a precedent at her hearing but declined to call it a "super precedent." Yet, prior to her nomination, she made clear what she really thought. She endorsed a newspaper ad's proclamation that it is "time to put an end to the barbaric legacy of Roe v. Wade." Yet Murkowski, who says she supports abortion rights, voted to confirm Barrett.

Across the aisle, Collins' and Murkowski's wails are seen as disingenuous, at best. "Everybody knew that Kavanagh and Gorsuch and Coney Barrett were going to overturn Roe," said Sen. Chris Murphy, D-Conn.

Meanwhile, one authority on the Supreme Courtship of the confirmation process cautioned us all. In her 1993 Senate hearing, Ruth Bader Ginsburg said judges should issue "no forecasts, no hints," about the rulings they may someday issue, explaining: "It would display disdain for the entire judicial process."

Fast-forward: Today, Democrats and Republicans are pressing court nominees to find legal justifications to do what they think is politically right. Sen. Tim Kaine, D-Va., summed up the sad reality of our new, post-Ginsburg era.

"I think justices surprising people is not new," Kaine said. "But justices looking at you in the face and telling you one thing and then doing something different—that's very troubling."

What is also troubling is that too many senators are finding it difficult to just vote their consciences in the carnival of today's confirmation process. Conscience turns out to be a commodity too many senators find in short supply.

EDITORIAL POLICY Letters to the editor must include the NAME, VILLAGE ADDRESS, and CONTACT NUMBER of the contributor. Letters that do not have these information will immediately be trashed. Contributions consisting of 500 words or less have more chances of getting published. The *Saipan Tribune* reserves the right to publish a contribution or not; the right to edit submissions for length, accuracy, and clarity; and the right to publish and distribute contributions in print, electronic, or other media formats. Submissions may be sent via snail mail to the 2nd Floor, JP Center, Beach Road, Garapan, Saipan, 96950; fax (670) 235-3740; e-mail to editor@saipantribune.com; or through our website at www.saipantribune.com.

War and some unusual developments regarding nuclear-related topics

RICK'S COLUMN
By RICK ARRIOLA PEREZ
Special to the Saipan Tribune

Rick Arriola Perez used to serve in the U.S. military and has work experiences in public policy research and public affairs. He is passionate about national security and geopolitics and runs a newsletter called Guam Affairs at guamaffairs.substack.com. For questions or comments, contact Perez at rickp7839@gmail.com.

Guam and the Northern Mariana Islands are one island chain that is embedded in the minds of Chinese military personnel who are charged with selecting and figuring out what adversary targets are most important to knock out, should China and the United States ever go to hot war.

Guam's Andersen Air Force Base is a huge military threat to the Chinese and to the North Koreans and Russians. Andersen is one of the most important American military bases in the world. Andersen has one of the world's largest petroleum, oil, and lubricant storage facilities, training facilities, and areas that store, manage, maintain and load ordnance and other weapons of war.

Andersen is located atop stolen Chamorro family lands located in our Deep Blue Pacific Ocean Marianas Trench continent. The U.S. Air Force is not formally required to ask permission to fly over foreign national airspace because from the American military perspective, we are close yet far enough away from any nation that requires the United States to first seek diplomatic approvals and notifications. This is one of the many benefits afforded the Pentagon and the Air Force by residing in Guam and the Marianas.

Guam's Andersen Air Force Base is also the perfect location to store, manage, hold, and/or stage live nuclear missiles and weapons into and out of fighters, unmanned systems, and strategic aircraft that are assigned America's nuclear bombing missions. These activities go relatively unnoticed because of our unique location. Missions can simply be initiated any day or night throughout the year.

But bombs are not the only thing that is on the nuclear discussion table these days

These days the Department of Defense is also moving forward with design plan options to construct and operationalize nuclear-powered micro-reactors, transportable on Air Force cargo planes, to be used as power generation sources for military bases in remote locations.

These nuclear reactors are intended to generate the power equivalent of up to 1% of a large commercial nuclear power plant once assembled and turned on. The huge problem with the idea of having a nuclear reactor power plant on a military base is that it may cause catastrophic damage to all human life in and around the immediate area despite official comments from the U.S. Army that there are several safety prevention measures being taken to address this concern.

One rationale that is being proposed to support the construction and design of nuclear reactors is that it will save over time millions of gallons of fossil fuel from being consumed, which is in line with environmental sustainability up to a point. Opposing viewpoints argue that there is simply no need to place a nuclear reactor in a remote military base because the amount of power generation it provides is not really needed because existing diesel-powered generators are adequate for use on remote military bases.

Nuclear reactor controversies are nothing new to the Pentagon and the Army

The Army previously had a nuclear reactor program that started during the time of the Korean war era, lasting up through the Vietnam war era. The program had mixed results, one catastrophic outcome, and was quite expensive to maintain. The current program under consideration is supported by the idea that having a small and mobile nuclear power plant for use by base personnel will also mitigate military casualty rates associated with the transportation and security protection of fuel in land-based warfighting areas. Supporters also point to the need for a constant source of power generation required for radars and for high-energy weapons.

So why should our Chamorro Pacific Islander Deep Blue Continent civilization be concerned about these developments?

The Pentagon and the Army have identified Guam as one of approximately 10 sites that are slated to have a micro nuclear reactor. The Marshall Islands is also another site identified to receive a nuclear reactor.

But what our Chamorro people should be aware, as well as the people of Micronesia, especially the Marshallese, is that it is the U.S. Congress, not the Pentagon, that has been the genesis behind the push to get the Pentagon funding to move forward on this micro-nuclear reactor effort. Why is this the case?

What the Guam and NMI congressmen need to do

Michael San Nicolas and Kilili Sablan have not articulated why Congress has been pushing the Pentagon to look into the design, construction, and use of small nuclear reactors for the Army.

Both congressmen have not publicly addressed the need for a multi-Mariana Islands nuclear bomb shelter infrastructure study nor has there been any effort by these congressional leaders to introduce authorization language addressing this huge human health, readiness, and life or death safety issue tied to the increased militarization of our Mariana Island chain.

President Biden will be the final authority as to whether a small mobile nuclear reactor program will proceed or be cancelled. These congressmen have not talked to President Biden about this very important matter.

'Our most precious natural resource is in your hands'

Editor's Note: The following is a message from Lt. Gov. Arnold I. Palacios to the CNMI's educators in commemoration of Teachers Appreciation Week.

By ARNOLD I. PALACIOS
Special to the Saipan Tribune

Arnold I. Palacios is the lieutenant governor of the Commonwealth of the Northern Mariana Islands

As we come to the end of Teachers Appreciation Week, I would like to express my sincere gratitude to all of the men and women who commit their lives to the betterment of our students.

Even before students arrive for the first day of school, teachers, administrators and support staff invest their time, sweat and their personal resources to prepare their respective classrooms and campuses for our next generation of leaders.

Beyond the lessons and assignments, few will ever know the lengths to which you improved the lives of your students. How you helped that one student get a pair of shoes when theirs were held together by threads, how you spent your own money to provide school supplies to those in need, or how you comforted a student who experienced the same struggles you endured in your youth.

Fueled by your dedication and driven by your creativity, you spend at least as many hours outside of the classroom preparing for the work inside the classroom. And you inspire your friends, family and colleagues with your continuous pursuit of professional development throughout the year.

You are more than teachers to our children; you are mentors to all who strive to emulate your example.

As if all of these weren't enough, you spent the past two years developing and implementing remote learning techniques to educate your students amidst a global pandemic. You rose to meet the challenge and overcame the obstacles that stood between your students and their education.

Though you donned a different type of mask and may not have worn a cape, you are and have been our everyday superheroes. Your community cherishes your sacrifices, your selflessness and your generous contributions, and most importantly, the lives of your students are better because of you.

You are our educators. You shape the future of our Commonwealth. Our most precious natural resource is in your hands.

BLINDFOLD

From Page 8

judicial wisdom, are for the birds.

© 2022 *St. Louis Post-Dispatch*

Alito's draft ruling is so self-contradictory that it calls court's judgment into question

The Supreme Court draft ruling overturning Roe v. Wade raises just as many arguments and counterarguments as the original ruling that Justice Samuel Alito excoriated in his opinion, leaked this week to Politico. Alito's assertion that abortion rights don't fall under the 14th Amendment, and that the Constitution makes no mention of abortion as a right, calls into question a wide range of other supposed rights for which no mention of any kind appears in the Constitution.

Alito basically would establish an entirely new bar for basic rights that cannot be met under a strict reading of the Constitution—not just including divisive issues such as gay marriage but also whether there is a right for gun owners to possess ammunition. The Constitution doesn't specifically spell out a right for interracial couples to marry. Under Alito's rationale, all those supposedly settled issues, widely accepted as basic rights, now could be subject to challenge.

Alito argues the opposite, saying that this draft ruling applies only to the rights of the unborn. But under his rationale, the Constitution offers no spelled-out rights to the unborn. In fact, it specifically excludes the unborn from having rights under the very 14th Amendment that Alito dissects as the basis for the conservative majority's opinion.

Consider the amendment's opening phrase: "All persons born or naturalized in the United States and subject to the jurisdiction thereof … " followed by the stipulation that no state shall "deprive any person of life, liberty, or property," without due legal process and equal protection.

That opening paragraph specifically applies to women as a subset of all people who qualify as having been born—and it specifically does not apply to those who have not yet been born.

These are painful words to parse in such a literal way when talking about humans' lives, but that's the standard Alito himself is setting. This is what the Constitution says and doesn't say. Yet Alito and the conservative majority have decided that the rights of the unborn supersede those of women even though no wording in the Constitution specifies any such distinction.

This ruling, if it survives, could force an impregnated woman in 33 states to give birth, in some cases like Missouri regardless of whether she is the victim of rape or incest.

Let the states decide without court intervention, Alito says. Yet court conservatives do favor taking away states' rights on other divisive issues, such as limiting gun ownership and usage, even when the Constitution is squishy about such rights.

It appears that the majority only seeks a literal interpretation of the Constitution when it suits conservative justices' political or religious beliefs. But when the wording doesn't suit them, they simply ignore it. A court whose politics overshadow reasoned constitutional interpretation is a court whose legitimacy deserves all the public scrutiny it's now receiving.

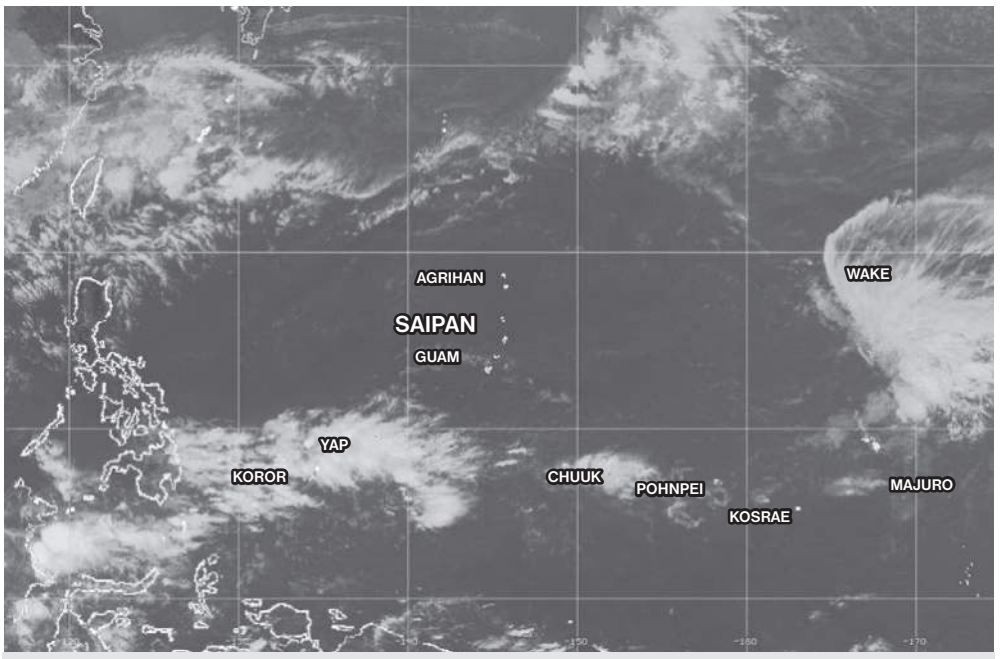
© 2022 *St. Louis Post-Dispatch*

The Weather

5-DAY FORECAST FOR SAIPAN AND TINIAN

TODAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mostly sunny, with Isolated showers. East northeast wind 14 to 17 mph.	Partly sunny, with Isolated showers. East northeast wind around 16 mph.	Mostly cloudy, with Scattered showers and thunderstorms.	Mostly cloudy, with Scattered showers and thunderstorms.	Mostly sunny, with Isolated showers.
88° 77°	88° 76	88° 77°	88° 77°	88° 77°

YESTERDAY'S SATELLITE IMAGE



PICTURE TIME: 6:44 AM, SUNDAY, MAY 8, 2022

Western North Pacific between equator and 25N from 130E to 180.

Radar shows isolated showers over and east of Rota and further out east of Saipan. We are expecting our fair weather pattern to continue through the weekend. Ipan buoy is reporting 5 to 7 foot combined seas.

Satellite image and accompanying information are provided by the National Weather Service. For an updated weather forecast, visit the National Weather Service Guam homepage: www.prh.noaa.gov/guam/

STOP THE SPREAD

The Governor's COVID-19 Task Force and Commonwealth Healthcare Corp. continue to encourage residents within the Marianas to practice social distancing, which means avoiding close contact with people in order to avoid catching the virus yourself and to avoid passing it on to others.

■ Stay home as much as possible. Avoid unnecessary travel or public places.

■ Avoid social gatherings in groups of more than 10.

■ Choose drive-thru, take-out, or delivery options, or outdoor seating, if available, when dining in.

■ Send only one healthy adult from the household run necessary errands, such as getting groceries or picking up medications. Leave children, elderly, and other vulnerable people at home as much as possible. When returning home from an errand, wash your hands before doing anything else.

■ Older adults and people with chronic medical conditions are at higher risk of getting very sick from this illness. People at high risk should stay at home as much as possible.

■ Create a household plan of action, https://www.cdc.gov/coronavirus/2019-ncov/prepare/checklisthousehold-ready.html

■ Ensure a 30-day supply of all medicines.

Continue good hand hygiene

■ Wash your hands for at least 20 seconds with soap and water, avoid touching your face, cover coughs and sneezes with a tissue or your sleeve.

■ Use an alcohol-based hand sanitizer if soap and water are not readily available.

Know the signs and symptoms of COVID-19 and what to do if you become symptomatic

■ Stay home when you are sick and if you recently traveled to a place with COVID-19. Self-quarantine means:

• Choosing a room in your house that can be used to separate sick household members from others.

• Washing your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

• Avoiding touching your eyes, nose, and mouth with unwashed hands.

• Limiting visitors

CHCC appreciates the patience and understanding of the community at this time. To obtain general information about the CNMI COVID-19 response, contact the Governor's COVID-19 Task Force Hotline at 287-0046, 287-0489, 287-1089. These numbers are available Monday to Sunday, 7:30am - 4:30pm.

For medical information about COVID-19, reach out to the COVID-19 Infoline at the following numbers: 285-1672/1352. These numbers are available Monday to Friday, 7:30am - 4:30pm.

For mental health support and helpful tips during a crisis, call the Mental Health Support Line at 285-1856, 323-6560, 323-6561 These numbers are available Monday to Friday, 7:30am - 4:30 pm. For the 24/7 Disaster Distress Helpline, call SAMSHA at 1-800-985-5990.

For more information about DIY face coverings, visit https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html

For more information about CHCC programs, follow CHCC on Facebook, Instagram, Twitter at @cnmichcc, check out our website at www.chcc.gov.mp or call us at (670) 234-8950.

For more information on the Governor's COVID-19 Task Force, visit www.governor.gov.mpand, follow @GovernorCNMI on Facebook, Instagram, and Twitter.

This health advisory may be found online at http://www.chcc.gov.mp/pressrelease.html and at www.governor.gov.mp/covid-19.

Rumor control

During crises like this, oftentimes the spread of misinformation is just as dangerous as the virus itself. The CNMI is reminded to only share official and verified notices, press releases, and advisories from the Governor's COVID-19 Task Force and CHCC.

Source: Office of the Governor

NEWS DESK For news tips, corrections and requests for news coverage, call (670) 235-NEWS (6397), 235-2440, fax 235,3740. E-mail: editor@saipantribune.com. Website:www.saipantribune.com.

CUSTOMER SERVICE For inquiries, purchase of back issues and complaints, call (670) 235-8747, 235-2440, fax 235-3740.

SUBSCRIPTION Published Monday to Friday, Saipan Tribune offers door-to-door on-island delivery at an annual rate of $234. For additional subscription information, call (670) 235-8747 or fax 235-3740.

ADVERTISING For inquiries contact (670) 235-8747 or 235-2440. E-mail: sales@saipantribune.com

MICRONESIA	▲ ▼ °F	
Guam and Rota	Partly Cloudy	30 / 26 °F
Palau	Thunderstorms	28 / 25 °F
Yap	Scattered Thunderstorms	30 / 26 °F
Chuuk	Thunderstorms	30 / 26 °F
Pohnpei	Scattered Thunderstorms	30 / 26 °F
Kosrae	Scattered Thunderstorms	30 / 27 °F
Majuro	Scattered Thunderstorms	29 / 26 °F

DAY	SUNRISE	SUNSET
Today	05:50 AM	18:36 PM
Tuesday	05:50 AM	18:36 PM
Wednesday	05:49 AM	18:37 PM
Thursday	05:49 AM	18:37 PM
Friday	05:49 AM	18:37 PM

DAY	MOONRISE	MOONSET	MOONRISE
Today	-	00:46 PM	12:21 PM
Tuesday	-	01:27 PM	13:13 PM
Wednesday	-	02:07 PM	14:04 PM
Thursday	-	02:45 PM	14:56 PM
Friday	-	03:24 PM	15:49 PM

AROUND THE GLOBE	▲ ▼ °F	
Auckland	Light Rain	20 /14 °F
Beijing	Partly Cloudy	19 / 11 °F
Hong Kong	Isolated Thunderstorms	26 / 25 °F
Honolulu	Partly Cloudy	28 / 22 °F
London	Partly Cloudy	22 / 11 °F
Los Angeles	Sunny	20 / 10 °F
Manila	Partly Cloudy	37 / 27 °F
Melbourne	Partly Cloudy	17 / 16 °F
Miami	PM Showers	28 / 23 °F
New York	Mostly Cloudy	18 / 10 °F
Osaka	AM Showers	21 / 12 °F
Paris	Mostly Sunny	24 / 13 °F
Busan	Partly Cloud	19 / 12 °F
Rome	PM Thunderstorm	25 / 12 °F
Salem	Sunny	29 / 17 °F
San Francisco	Sunny/Wind	14 / 8 °F
Seoul	Mostly Sunny	25 / 11 °F
Tokyo	Showers	16 / 11 °F
Washington, DC	Partly Cloudy	30 / 26 °F

TIDES: SAIPAN HARBOR TODAY	FEET	
03:05 AM	High Tide	1.78
08:49 AM	Low Tide	1.32
12:30 PM	High Tide	1.50
8:06 PM	Low Tide	0.30

FLIGHT SCHEDULE AS OF MAY 1, 2022

DEPARTURES

SAIPAN-GUAM (GUM)

UA117	6:35AM	7:15AM	1, 3, 6
UA117	9:50AM	10:35AM	2, 4, 5, 7

GUAM-MANILA (MNL)

PR 111	6:00AM	8:00AM	1, 3, 5, 6, 7
UA193	7:05PM	10:55PM	5 via Palau
UA183	7:10PM	9:10PM	Daily

SAIPAN-MANILA (MNL)

UA117/183	6:35AM	9:10PM	1, 3, 6 via Guam
UA117/193	6:35AM	10:55PM	5 via Guam, Palau
UA117/183	9:50AM	9:10PM	2, 4, 5, 7 via Guam

SAIPAN-INCHEON (ICN)

TW9308	3:30PM	7:20PM	4, 7
7C3405	3:30PM	7:25PM	6
RS112	3:45PM	7:30PM	3, 6
7C3405	3:50PM	7:45PM	3
OZ624	4:00PM	7:40PM	3, 6

SAIPAN-BUSAN (PUS)

BX622	3:10PM	6:30PM	3, 7

ARRIVALS

GUAM (GUM)-SAIPAN

UA116	5:00AM	5:45AM	1, 3, 6
UA116	8:00AM	8:45AM	5, 7
UA174	8:00AM	8:45AM	2, 4

MANILA (MNL)-GUAM

PR110	10:35PM	4:35AM+1	2, 4, 5, 6, 7
UA184	10:25PM	4:20AM+1	1, 2, 3, 4, 6, 7
UA192	10:25PM	6:05AM+1	5 via Palau
UA184	11:50PM	5:40AM+1	5

MANILA (MNL)-SAIPAN

UA184/116	10:25PM	5:45AM+1	2, 5, 7 via Guam
UA184/116	10:25PM	8:45AM+1	1, 3 via Guam
UA184/174	10:25PM	8:45AM+1	4, 6 via Guam

INCHEON (ICN)-SAIPAN

7C3406	8:30AM	2:10PM	6
RS111	8:45AM	2:05PM	3, 6
7C3406	8:50AM	2:30PM	3
TW9307	9:00AM	2:30PM	4, 7
OZ623	9:00AM	2:30PM	3, 6

BUSAN (PUS)-SAIPAN

BX621	8:00AM	1:10PM	3, 7

LEGEND: Days: Monday (1), Tuesday (2), Wednesday (3), Thursday (4), Friday (5), Saturday (6) and Sunday (7); UA United Airlines; PR, Philippine Airlines; TW, T'Way Air; OZ, Asiana Airlines; 7C, Jeju Air; BX, Air Busan • ETD: Estimated Time of Departure; ETA: Estimated Time of Arrival. *(The Saipan Tribune is not responsible for any changes in the schedule.)*

STAR MARIANAS AIR, INC.

FLIGHT SCHEDULE AS OF MAY 18, 2021

SAIPAN TO ROTA

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
1301	8:30AM	9:00AM	Daily
1302	11:00AM	11:30AM	Daily
1303	1:30PM	2:00PM	Tues/Wed/ Thurs/Fri
1304	3:30PM	4:00PM	Daily

ROTA TO SAIPAN

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
3101	9:30AM	10:00AM	Daily
3102	12:00AM	12:30AM	Daily
3103	1:30PM	3:00PM	Tues/Wed/ Thurs/Fri
3104	4:30PM	5:00PM	Daily

ROTA TO GUAM

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
3401	12:15	12:45	Temporarily Unavailable

GUAM TO ROTA

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
4301	13:00	13:30	Temporarily Unavailable

SAIPAN TO TINIAN

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
1201	7:00	7:15	Temporarily Unavailable
1202	8:00	8:15	Daily
1203	9:00	9:15	Daily
1204	10:00	10:15	Daily
1205	11:00	11:15	Daily
1206	12:00	12:15	Temporarily Unavailable
1207	13:00	13:15	Temporarily Unavailable
1208	14:00	14:15	Daily
1209	15:00	15:15	Daily
1210	16:00	16:15	Daily
1211	17:00	17:15	Daily
1212	17:00	17:15	Temporarily Unavailable

TINIAN TO SAIPAN

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
2101	7:30	7:45	Temporarily Unavailable
2102	8:30	8:45	Daily
2103	9:30	9:45	Daily
2104	10:30	10:45	Daily
2105	11:30	11:45	Daily
2106	12:30	12:45	Temporarily Unavailable
2107	13:30	13:45	Temporarily Unavailable
2108	14:30	14:45	Daily
2109	15:30	15:45	Daily
2110	16:30	16:45	Daily
2111	17:30	17:45	Daily
2112	18:30	18:45	Temporarily Unavailable

Morrison defends management of Australia's ties to Solomons

CANBERRA, Australia (AP)—Australia's Prime Minister Scott Morrison said Thursday he was following security officials' advice in managing bilateral relations with the Solomon Islands after the South Pacific neighbor's leader alleged he'd been threatened "with invasion."

Solomons Prime Minister Manasseh Sogavare told Parliament on Wednesday that opponents of his new security pact with China had threatened his country and insulted it.

Sogavare did not name the United States or Australia. Both countries have told the Solomons that a Chinese military presence in the Solomons less than 2,000 kilometers (1,200 miles) off the northeast Australian coast would not be tolerated.

"We deplore the continual demonstration of lack of trust by the concerned parties, and tacit warning of military intervention in Solomon Islands if their national interest is undermined in Solomon Islands," Sogavare said.

"In other words, we are threatened with invasion," Sogavare added.

On the threat of invasion, Morrison said: "Of course, none of that's true."

Morrison rejected the center-left opposition Labor Party's advice to telephone Sogavare.

"I can tell you very clearly that I am following very carefully the advice that I get from our security intelligence agencies in how we are responsibly managing the issues in relation to this matter," Morrison told reporters. "That is exactly what I'm doing."

Morrison added that he had had contact with Sogavare "in the last few months," but did not specify when.

Opposition leader Anthony Albanese has promised closer engagement between Australia and its South Pacific neighbors if Labor wins elections on May 21.

"The fact that the prime minister hasn't picked up the phone to Prime Minister Sogavare says an enormous amount ... about what is needed in terms of that relationship," Albanese said.

Marrison

"The government has dropped the ball on the Pacific right now," Albanese added.

Morrison said last month that Australia and the United States shared the same "red line" when it came to opposing a Chinese military base on the Solomons. Neither Australia nor the United States have said how they might respond to such a Chinese presence.

Sogavare has maintained that there would be no Chinese base in his country.

"We are being treated as kindergarten students walking around with Colt .45s in our hands, and therefore we need to be supervised. We are insulted," Sogavare said on Wednesday.

Morrison said Australia needed to be "calm and composed" in dealing with the Solomons.

"Mr. Sogavare has entered into a secret arrangement with the Chinese government, he has done that with a number of his Cabinet ministers," Morrison said.

"That did not come as a surprise to our government and so now we just work responsibly with our partners to manage that situation to first protect the security interests of Australia but also of the Solomon Islands," Morrison said.

"We are very concerned for the Solomon Islands. We're very concerned for the broader security in the Southwest Pacific. Other leaders that I've been in regular contact (with) are equally concerned," Morrison added.

Labor has condemned the China-Solomons pact as Australia's biggest foreign policy failure in the Pacific since World War II.

Morrison said Australia remained the Solomons' preferred security partner despite the new pact.

Australia already has a bilateral security pact with the Solomons and Australian police peacekeepers have been in the capital, Honiara, since riots in November.

Chuuk relief drive on May 21

The Help Chuuk Ayuda Chuuk Alisi Chuuk relief drive will be held on May 21, 2022, to collect much-needed supplies for Chuuk residents who continue to be affected by the inundation of salt water in early December 2021 and mid-January 2022.

The relief drive, conducted by the Ach Chuuk CNMI Association, is an effort to help alleviate food insecurities that the low-lying and atoll islands in Chuuk are experiencing. Their staple food crops, such as breadfruit, bananas, and giant taro, to name a few, were immensely affected due to this natural disaster.

The public is welcome to bring their donations to the Minachom Atdao from 8am. to 5pm on May 21, a Saturday.

This relief drive is also supported by the CNMI Office of the Governor, the Lady Diann Torres Foundation, the Saipan Magalahi Eagles Club, the Saipan Magahaga Lady Eagles Club, the Women of Destiny, the Department of Fire and Emergency Services, and the Department of Public Safety.

For more information, contact Ach Chuuk CNMI Association president Own Cholymay at (670)287- 8511, or Elfriede D. Suda at (670)789-3490 or elfriedesuda@gmail.com. ***(PR)***

COMMONWEALTH PORTS AUTHORITY

MAIN OFFICE: SAIPAN INTERNATIONAL AIRPORT, 2ND FLOOR ARRIVAL BLDG.
PO BOX 501055•SAIPAN•MP•96950
PHONE: (1-670) 237-6500/1 | FAX: (1-670) 234-5962
E-MAIL ADDRESS: CPA.ADMIN@PTICOM.COM | WEBSITE: WWW.CNMIPORTS.COM

REQUEST FOR PROPOSALS FOR COURIER SERVICE

CPA-RFP-005-22

Notice is hereby given that the Commonwealth Ports Authority (CPA) is accepting sealed proposals, subject to the terms and conditions of this Request for Proposals (RFP), and other contract provisions, for proposals from service providers to provide mail/courier services for the CPA.

Proposals must be submitted to the CPA Administration Office, 2nd floor of the Arrival Terminal at the Francisco C. Ada/Saipan International Airport, Saipan, Commonwealth of the Northern Mariana Islands no later than **4:30 PM, MONDAY, MAY 31, 2022**. Proposals received after this date and time will not be considered and will be returned unopened. One original and three copies of each proposal shall be submitted in sealed envelopes marked as 'Confidential' and each envelope must include the RFP number on the outside. It is the sole responsibility of a proposer to submit its proposal or proposals in a timely manner.

A Proposal Package consisting of the Scope of Work and further details is available for pick up at the CPA Administration Office, 2nd Floor of the Arrival Terminal, Francisco C. Ada/Saipan International Airport beginning May 02, 2022. There is no charge for the proposal package.

This RFP is issued pursuant to Chapter 40-50, Procurement Rules and Regulations of Title 40 of the Northern Mariana Islands Administrative Code (NMIAC). Title 40, including Chapter 40-50-225, Request for Proposals, is applicable to the process followed by the RFP.

Questions and inquiries regarding this Request for Proposals shall be submitted in writing and may be delivered to the Office of the Executive Director, Commonwealth Ports Authority, at the Saipan International Airport, faxed to (670) 234-5962 or emailed to chris.tenorio@cnmiports.com with copy to atudela@cnmiports.com. Deadline for questions and inquiries is 2:00 p.m. May 23, 2022.

CPA reserves the right to reject any or all proposals submitted for: (a) any of the reasons set forth in this Request for Proposals; or (b) any of the reasons set forth in the CPA Procurement Rules and Regulations regarding bid rejection or cancellation; or (c) sufficient justification exists that awarding the project contract would not be in the best interest of CPA. CPA further reserves the right to waive any defects in said proposals if in its sole opinion to do so would be in CPA's best interest.

All proposals shall become property of the Commonwealth Ports Authority.

CHRISTOPHER S. TENORIO
Executive Director

Date

COMMONWEALTH PORTS AUTHORITY

MAIN OFFICE: SAIPAN INTERNATIONAL AIRPORT, 2ND FLOOR ARRIVAL BLDG.
PO BOX 501055•SAIPAN•MP•96950
PHONE: (1-670) 237-6500/1 | FAX: (1-670) 234-5962
E-MAIL ADDRESS: CPA.ADMIN@PTICOM.COM | WEBSITE: WWW.CNMIPORTS.COM

REQUEST FOR PROPOSALS FOR CASH DEPOSITORY SERVICES

CPA-RFP-006-22

Notice is hereby given that the Commonwealth Ports Authority (CPA) is accepting sealed proposals, subject to the terms and conditions of this Request for Proposals (RFP), and other contract provisions, for proposals from service providers to provide cash depository services for the CPA.

Proposals must be submitted to the CPA Administration Office, 2nd floor of the Arrival Terminal at the Francisco C. Ada/Saipan International Airport, Saipan, Commonwealth of the Northern Mariana Islands no later than **4:30 PM, MONDAY, JUNE 9, 2022**. Proposals received after this date and time will not be considered and will be returned unopened. One original and three copies of each proposal shall be submitted in sealed envelopes marked as 'Confidential' and each envelope must include the RFP number on the outside. It is the sole responsibility of a proposer to submit its proposal or proposals in a timely manner.

A Proposal Package consisting of the Scope of Work and further details is available for pick up at the CPA Administration Office, 2nd Floor of the Arrival Terminal, Francisco C. Ada/Saipan International Airport beginning May 09, 2022. There is no charge for the proposal package.

This RFP is issued pursuant to Chapter 40-50, Procurement Rules and Regulations of Title 40 of the Northern Mariana Islands Administrative Code (NMIAC). Title 40, including Chapter 40-50-225, Request for Proposals, is applicable to the process followed by the RFP.

Questions and inquiries regarding this Request for Proposals shall be submitted in writing and may be delivered to the Office of the Executive Director, Commonwealth Ports Authority, at the Saipan International Airport, faxed to (670) 234-5962 or emailed to chris.tenorio@cnmiports.com with copy to atudela@cnmiports.com . Deadline for questions and inquiries is 2:00 p.m. June 01, 2022.

CPA reserves the right to reject any or all proposals submitted for: (a) any of the reasons set forth in this Request for Proposals; or (b) any of the reasons set forth in the CPA Procurement Rules and Regulations regarding bid rejection or cancellation; or (c) sufficient justification exists that awarding the project contract would not be in the best interest of CPA. CPA further reserves the right to waive any defects in said proposals if in its sole opinion to do so would be in CPA's best interest.

All proposals shall become property of the Commonwealth Ports Authority.

CHRISTOPHER S. TENORIO
Executive Director

May 9, 2022
Date

NOTICE OF ZONING BOARD PUBLIC HEARING

for

SP CORPORATION

The Public is invited to attend and provide comments at a Zoning Board Public Hearing on this request for Conditional Use Permit. SP Corporation is proposing to occupy the second floor of an existing two-story building measuring 80' (L) x 30' (W) for its Hotel/Motel/Guest House Use. This use is permitted in the area as a conditional use. The site is located on Lot No. 015 D 07 in the village of Garapan. This area is zoned as Village Commercial.

A public hearing will be held on:

Date: May 11, 2022
Time: 5:00 pm
Place: IRP Conference Room, 2nd Fl., Horiguchi Bldg.

Comments on the proposal may be submitted orally or in writing at the public hearing. Written comments may be submitted directly to the Zoning Office before 4:30 pm, May 10, 2022. Please send written comments via e-mail to zoningboard@cnmizoning.com. via US mail to Caller Box 10007, Saipan, MP 96950, or deliver them to the Zoning Office, 2nd floor, Joeten Building, Dandan, Saipan.

For questions or access to materials to be considered at the public hearing, or if you require assistance, please call 234-9661. This notice is provided pursuant to Public Law 6-32, as amended (2 CMC 7201, et seq.) and the Amended Saipan Zoning Law of 2013.

/s/ Perry Inos, Jr., Chairman

NOTICE OF ZONING BOARD PUBLIC HEARING

for

Zhang Fei

The Public is invited to attend and provide comments at a Zoning Board Public Hearing on this request for Conditional Use Permit. Zhang Fei is proposing to construct a single-story structure measuring 80' (L) x 93.'.7" (W) x 14' (H) for its Warehousing and General Wholesaling Use. This use is permitted in the area as a conditional use. The site is located on Lot No. 398-1-New-1 in the village of As Lito. This are area is zoned as Village Commercial.

A public hearing will be held on:

Date: May 11, 2022
Time: 5:00 pm
Place: IRP Conference Room, 2nd Fl., Horiguchi Bldg.

Comments on the proposal may be submitted orally or in writing at the public hearing. Written comments may be submitted directly to the Zoning Office before 4:30 pm, May 10, 2022. Please send written comments via e-mail to zoningboard@cnmizoning.com. via US mail to Caller Box 10007, Saipan, MP 96950, or deliver them to the Zoning Office, 2nd floor, Joeten Building, Dandan, Saipan.

For questions or access to materials to be considered at the public hearing, or if you require assistance, please call 234-9661. This notice is provided pursuant to Public Law 6-32, as amended (2 CMC 7201, et seq.) and the Amended Saipan Zoning Law of 2013

/s/ Perry Inos, Jr., Chairman

Commonwealth Zoning Board Meeting

May 11, 2022 I 5:00 PM
IRP Conference Room
2nd Floor, Horiguchi Bldg. Garapan, Saipan
Tel: 234-9661/2 • Fax: 234-9666
www.cnmizoning.com

AGENDA

A. Preliminary Matters
1. Call to Order
2. Roll Call
3. Adoption of 05/11/2022 Meeting Agenda
4. Adoption of 04/06/2022 Meeting Minutes
5. Public Comments (not for items to be discussed in item B. Public Hearings)

B. Public Hearings:

1. Conditional Use Application #2020-11606 – Zhang Fei is proposing to construct a single-story structure measuring **80' (L) x 93'.7" (W) x 14' (H)** for its Warehousing and General Wholesaling Use. This use is permitted in the area as a conditional use. The site is located on Lot No. 398-1-New-1 in the village of As Lito. This are area is zoned as Village Commercial.

2. Conditional Use Application #2020-11783 – SP Corporation is proposing to occupy the second floor of an existing two-story building measuring **80' (L) x 30' (W)** for its Hotel/Motel/Guest House Use. This use is permitted in the area as a conditional use. The site is located on Lot No. 015 D 07 in the village of Garapan. This area is zoned as Village Commercial.

C. Miscellaneous
1. Administrator's Updates
2. Permit & Enforcement Report

D. Adjournment

In an effort to provide public access to this meeting during this pandemic, the Commonwealth Zoning Board will host this meeting via:

Zoom Video Communications
Meeting Link: https://zoom.us/j/6853007492
Meeting Code: 685 300 7492

FHB's Untalan is Guam magazine's Executive of the Year

TUMON, Guam—Edward G. Untalan, executive vice president and Guam-CNMI region manager of First Hawaiian Bank, was named the 2021 *Guam Business Magazine* Executive of the Year at the award reception last Saturday, May 7, at the Hyatt Regency Guam.

As part of the recognition, Untalan is featured on the cover of the *Guam Business Magazine*'s May-June issue, which was released at the event.

Five other executives were nominated for the award: Ernesto V. "Jun" Espaldon Jr., president of Quick Services Foods Inc. and Fun Foods International Inc. which have do business as Wendy's and Cold Stone Creamery, respectively; Herbert J. Johnston Jr., education director of the GCA Trades Academy; Thomas W. Krise, president of the University of Guam, chairman of the Research Corp. of UOG, English professor at UOG and executive secretary of the UOG Endowment Foundation; Dr. Hoa V. Nguyen, principal partner and president of the American Medical Center LLC; and Hanseok "Nick" Song, president of Haevichi Hospitality *Guam* Inc., which does business as the *Westin* Resort Guam, and general manager of the Westin.

Untalan graduated from Manhattan College in Riverdale, NY, after securing a 1984 bachelor's in finance with a minor in economics and a 1986 master's in business administration with a concentration in finance/investments and a minor in marketing.

Untalan

After graduation, Untalan began his journey in financial services in 1987 with the Bank of Guam, where he rotated through various executive positions.

After rising to vice president and manager of the Bank of Guam's San Francisco branch, Untalan switched his career to public service, and in 1995, he was appointed public finance officer at the Guam Economic Development Authority, managing all municipal finance issues for the government. From there, he was assigned as deputy administrator and confirmed as administrator in January 1997.

In 2004, he was appointed assistant vice president and business banking officer with First Hawaiian Bank. In 2016 he was promoted to senior vice president and Guam-CNMI region manager.

In addition to roles in the financial services industry, Untalan also holds positions with civic service organizations, like chairman of the Guam Chamber of Commerce, where he has been an elected board member since 2019; chairman of the TODU Guam Foundation, where he has also been a board member since 2019; president of the Guam Bankers Association, where he has been a board member since 2015; and chairman of the Cathedral Basilica Finance Council, where he has served since 2017.

Untalan has a long history of prior civic service and First Hawaiian Bank supports a variety of non-profits and community events.

Some of the past Executive of the Year recipients include Robert H. Jones of Triple J Enterprises Inc. (1983); John M. Borlas of IT&E Overseas Inc. (1984); Philip J. Flores of BankPacific (1985); Marian Aldan-Pierce of DFS Saipan (2000); Juan T. Guerrero of Herman's Modern Bakery Inc. (2003); David M. Sablan of Century Group of Companies (2005); Jerry Tan of Tan Holdings Inc. (2009); Lourdes A. "Lou" Leon Guerrero of Bank of Guam (2010); George Chiu of Tan Holdings (2013); Norman T. Tenorio of Joeten Enterprises Inc., Pacifica Insurance Underwriters Inc., Tropical Instant Press Inc., Saipan Shipping Co., Saipan Stevedore and Advance Carrier (2014); Jeffrey B. Jones of Triple J Enterprises Inc. (2015); and Jose C. "Joe" Ayuyu of McDonald's of Guam and Saipan, RJ Corp. and RJ Guam LLC (2016). ***(PR)***

CGC certifies 34 in suicide intervention

The Commonwealth Healthcare Corp.'s Community Guidance Center certified 34 individuals in Applied Suicide Intervention Skills Training last April 20 and 21, 2022, on Rota.

ASIST is an evidence-based suicide intervention training program that provides participants with the skills necessary to connect, understand, and assist persons who may have thoughts or are at risk for suicide. It provides personalized, life-assisting, first-aid intervention training that reinforces help-seeking behaviors for those at risk for suicide.

Since 2018, the CGC has certified 461 individuals in ASIST in the CNMI: 384 from Saipan and 77 from Rota. Plans to offer the training on Tinian are in progress.

Help is always available from the Community Guidance Center. If you or someone you know are feeling alone and uncertain of the way things are, reach out and call the CGC office at (670) 284-0843/0847 or 323-6560 for mental health support and coping skills. ***(PR)***

CONTRIBUTED PHOTO

Participants pose with facilitators Fred Fatialofa, last row, far right, and Queayla Sablan, front row, third from right, after completing the Applied Suicide Intervention Skills Training.

JKPL recognizes long-serving and outstanding employees

CONTRIBUTED PHOTO

Joeten-Kiyu Public Library administrative assistant Silverio DLC Balisalisa, fith from left, is presented with the 2022 Overall JKPL Employee of the Year award during a ceremony at the library last Thursday.

The Joeten-Kiyu Public Library presented administrative assistant Silverio DLC Balisalisa with the 2022 Joeten-Kiyu Public Library Employee of the Year award last Thursday as part of the library's celebration of Public Service Recognition Week.

In addition, the library also presented systems librarian Omar Tababa Manacop with the Leadership Award, together with 12 other employees who were recognized for their longstanding service to the library.

JKPL recognized the following employees for longstanding or length of public service at the library:

- 5 years: Vincent Donald Palacios Sablan and 30 years in total CNMI government, administrative officer III
- 5 years: Beth Barcinas Demapan, technical services librarian
- 5 years: Rosalinda Ulloa, children's librarian
- 6 years: Gerard Anthony Borja, library assistant III
- 6 years: Bergitt Maratita, library assistant I
- 7 years: Joey Songsong, computer programmer II
- 8 years: Leoralynn Sablan Terlaje, library assistant III
- 8 years: Omar Tababa Manacop and 26 years in total CNMI government
- 10 years: Silverio DLC. Balisalisa, administrative assistant
- 14 years: Ray Jr. Deleon Guerrero, computer specialist I
- 16 years: Celina Camacho Foreman, librarian I
- 30 yearsL Erlinda Cabrera Naputi, library director

Gov. Ralph DLG. Torres along with the PSRW Committee visited the JKPL to assist with the award presentation.

The theme for this year's Public Service Recognition Week was "Standing Together to Serve Our Marianas."

"People are and always will be our greatest asset. The length of service award reflects our appreciation for your dedicated years of service and is a symbol of your personal and professional achievements," said a news statement from the library.

May 2-6, 2022 was designated as Public Service Recognition Week to recognize the accomplishments and contributions of all the hard-working and deserving public employees of the CNMI government. ***(PR)***

CONTRIBUTED PHOTO

Joeten-Kiyu Public Library systems librarian Omar Manacop, fifth from left, is presented with the Leadership Award during a ceremony at the library last Thursday.

Nation

New Mexico residents bracing for severe wildfire conditions

AP

Johnny Trujillo, 53, talks about battling the blaze that destroyed both his sister's home and his truck in the evacuation area near Mora, N.M., on Wednesday, May 4, 2022, where firefighters have been battling the Hermit's Peak and Calf Canyon fire for weeks.

LAS VEGAS, N.M. (AP)—With the worst of the thick wildfire smoke having blown out of town, residents of this small northern New Mexico city tried to recapture a sense of normalcy Saturday as their rural neighbors hunkered down amid predictions of extreme fire conditions.

Shops and restaurants reopened, the historic center was no longer just populated by firefighters, but there was a widely felt sense of anxiety, loss, and wariness of what lay ahead.

"It's literally like living under a dark cloud," said Liz Birmingham, whose daughter had persistent headaches from the smoke. "It's unnerving."

While the city for now seemed spared of danger, rural areas were still threatened as the fire was driven by winds so fierce all firefighting aircraft had to be grounded. And the worst could be yet to come.

A combination of strong winds, high temperatures and low humidity were forecast by the National Weather Service to create an "exceptionally dangerous and likely historic stretch of critical to extreme fire weather conditions" for several days.

Some 1,400 firefighters worked feverishly to contain the largest fire burning in the U.S. The blaze, now more than a month old, has blackened more than 269 square miles (696 square kilometers) — an area larger than the city of Chicago.

Part of the fire was started by Forest Service workers who lost control of a prescribed burn meant to reduce fire risk. State leaders have called on the federal government for accountability, including reparations.

Nationwide, close to 2,000 square miles (5,180 square kilometers) have burned so far this year, with 2018 being the last time this much fire had been reported at this point, according to the National Interagency Fire Center. And predictions for the rest of the spring do not bode well for the West, where long-term drought and warmer temperatures brought on by climate change have combined to worsen the threat of wildfire.

Thousands of residents have evacuated due to flames that have charred large swaths of the Sangre de Cristo Mountains in northeastern New Mexico.

The fire's main threat was now to the north, where flames burning vegetation clogging the forest floor threatened several small rural communities, fire spokesman Ryan Berlin said.

Firefighters, who typically rely on calmer winders and lower temperatures to make progress in the evening, have been hindered by unexpectedly strong winds at night.

Abortion rights protesters rally in cities around US

CHICAGO (AP)—Abortion rights protesters rallied in cities around the United States on Saturday, vowing to fight to ensure that abortion remains a legal option for women nationwide.

Hundreds gathered in Chicago, Atlanta, Houston and other cities days after a draft U.S. Supreme Court opinion was leaked to the public suggesting the court is poised to overturn the landmark 1973 Roe v. Wade case that legalized abortion nationwide. The draft opinion, which comes amid nearly 50 years of federal abortion protections, could change before the ruling is finalized in coming weeks.

"To think that, after all this time, people still want to control what women can do and our rights to make our personal healthcare decisions is just really outrageous," Carole Levin, chair of Courts Matter Illinois, told WMAQ-TV during the rally in Chicago.

Illinois Gov. J.B. Pritzker attended the rally and vowed to protect reproductive rights in Illinois.

"I'm proud Illinois is an island for reproductive freedom in the Midwest," he said. "Our shores remain open for any person left marooned by these extremist politicians."

In the nation's capital, abortion rights protesters stood outside the Supreme Court, holding signs that said abortion is a human right, or "Abort the Court." Protesters who oppose abortion demonstrated across the street.

In Atlanta, demonstrators carried signs in favor of abortion rights as they marched through that city's downtown and chanted, "Not the church and not the state, women must decide our fate."

In Houston, thousands attended a reproductive rights rally headlined by Democrat Beto O'Rourke, who is running for Texas governor. Texas is one of several states that would automatically ban abortion, leaving no exceptions for rape or incest, if the high court overturns the nationwide right to abortion.

World

Crews work through 2nd night after Cuban hotel blast kills 27

HAVANA (AP)—Crews worked through a second night searching for victims of a hotel explosion that killed at least 27 people in Cuba's capital and left more than a dozen missing amid the rubble.

The Hotel Saratoga, a luxury 96-room hotel in Old Havana, was finishing renovations when an apparent gas leak produced a massive explosion on Friday.

Just steps from Cuba's capitol, the Saratoga's façade was sheared off, burying workers inside and apparently passersby outside under concrete and twisted metal. The explosion came in the late morning when the streets and plaza in front of the stately hotel would have been full of pedestrians.

On Saturday evening, Dr. Julio Guerra Izquierdo, chief of hospital services at the Ministry of Health, raised the death toll to 27 with 81 people injured. The dead included four children and a pregnant woman. Spain's President Pedro Sánchez said via Twitter that a Spanish tourist was among the dead and that another Spaniard was seriously injured.

Some 37 people remained hospitalized, according to the Health Ministry.

Earlier Saturday afternoon, a representative of Grupo de Turismo Gaviota SA, which owns the hotel, said 13 of its workers remained missing. Gov. Reinaldo García Zapata said Saturday evening that 19 families had reported loved ones missing and that rescue efforts would continue.

At least one survivor was found early Saturday in the shattered ruins.

Authorities said the cause of the explosion was still under investigation, but believed it to have been caused by a gas leak. A large crane hoisted a charred gas tanker out of the rubble Saturday.

The explosion is another blow to the country's crucial tourism industry.

Crews busily worked to clean up the surrounding streets and by late Saturday, substantial pedestrian traffic had resumed. Some nearby buildings were also heavily damaged by the explosion that blew out windows and rattled walls.

Last women and children evacuated from Ukrainian steel mill

ZAPORIZHZHIA, Ukraine (AP)—Russian forces kept up their barrage of southern Ukraine, hitting the major Black Sea port of Odesa with cruise missiles and bombarding the steelworks up the coast in Mariupol, where Ukrainian fighters remained trapped underground.

Moscow was aiming to complete its conquest of Mariupol in time for Victory Day celebrations on Monday. But it's forces continued to face dogged resistance from defenders within the bunkers beneath the factory. Civilians have been evacuated.

In a sign of the unexpectedly effective defense that has sustained the fighting into its 11th week, Ukraine's military flattened Russian positions on a Black Sea island that was captured in the war's first days and has become a symbol of resistance.

Western military analysts also said a Ukrainian counteroffensive was advancing around the country's second-largest city, Kharkiv. Ukraine's military said retreating Russian forces destroyed three bridges on a road northeast of the city to try to slow the Ukrainian advance.

The largest European conflict since World War II has developed into a punishing war of attrition that has killed thousands of people, forced millions to flee their homes and destroyed large swaths of some cities.

Ukrainian leaders warned that attacks would only worsen in the lead-up to Victory Day, when Russia celebrates Nazi Germany's defeat in 1945 with military parades. Russian President Vladimir Putin is believed to want to proclaim some kind of triumph in Ukraine when he addresses the troops on Red Square on Monday.

U.S. Secretary of State Antony Blinken said Saturday that Ukrainian President Volodymyr Zelenskyy and his people "embody the spirit of those who prevailed during the Second World War." He accused Putin of trying "to twist history to attempt to justify his unprovoked and brutal war against Ukraine."

Beijing loyalist John Lee elected as HK's next leader

HONG KONG (AP)—John Lee was elected as Hong Kong's next leader Sunday, after winning over 99% of votes cast by a largely pro-Beijing election committee.

Lee received 1,416 votes in the chief executive election, far exceeding the 751 votes he needed to win and the highest support ever for the city's top leadership position. The Election Committee's nearly 1,500 members cast their votes in a secret ballot Sunday morning.

"I look forward to all of us starting a new chapter together, building a Hong Kong that is caring, open and vibrant, and a Hong Kong that is full of opportunities and harmony," Lee said in his victory speech.

Lee will replace current leader Carrie Lam on July 1.

As the only candidate in the polls, Lee was widely expected to win, especially since he had Beijing's endorsement and last month obtained 786 nominations from members of the Election Committee in support of his candidacy.

Lee

Lam congratulated Lee in a statement and said she would submit the election results to Beijing.

"The present-term government and I will ensure a seamless transition with the Chief Executive-elect. We will render all the support needed for the assumption of office by the new term of government," Lam's statement said.

The election followed major changes to Hong Kong's electoral laws last year to ensure that only "patriots" loyal to Beijing can hold office. The legislature was also reorganized to all but eliminate opposition voices.

The elaborate arrangements surrounding the pre-determined outcome speak to Beijing's desire for a veneer of democracy. Though they voted in a secret ballot, Hong Kong's electors were all carefully vetted.

The Chinese government's liaison office in Hong Kong also congratulated Lee in a statement and said the election was conducted in a "fair, just and orderly manner in accordance with laws and regulations."

Health & Wellness

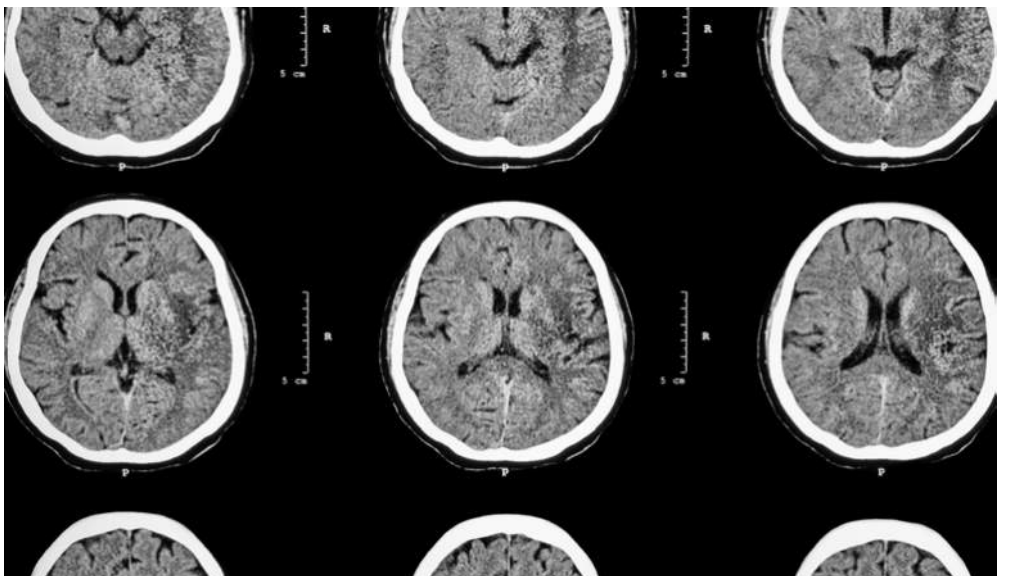
This advertorial is sponsored by Tan Holdings HEALTH IS WEALTH Tan Siu Lin Foundation

Do you know the warning signs of stroke?

By LAUREL KELLY
MAYO CLINIC NEWS NETWORK

May is National Stroke Awareness Month, which makes this a good time to learn about the warning signs of stroke and the need for prompt treatment.

Stroke is one of the leading causes of death in the U.S. and a major cause of serious disability for adults. More than 795,000 people in the U.S. have a stroke each year, according to the Centers for Disease Control and Prevention. Stroke risk increases with age, especially after 55, but strokes can occur at any age.



PUWADOL JATURAWUTTHICHAI /DREAMSTIME/TNS
May is National Stroke Awareness Month.

A stroke occurs when the blood supply to part of your brain is interrupted or reduced, preventing brain tissue from getting oxygen and nutrients. Brain cells begin to die in minutes.

A stroke is a medical emergency, and prompt treatment is crucial. Early action can reduce brain damage and other complications. If you or someone you know is experiencing a stroke, you should call 911 and seek emergency medical care right away.

To recognize the signs of stroke, remember the acronym FAST:

■ Face: Does the face droop on one side when the person tries to smile?

■ Arms: Is one arm lower when the person tries to raise both arms?

■ Speech: Can the person repeat a simple sentence? Is speech slurred or hard to understand?

■ Time: During a stroke, every minute counts. If you observe any of these signs, call 911 or your local emergency number immediately.

Tips on preventing falls at home

By JASON HOWLAND
MAYO CLINIC NEWS NETWORK

Each year, millions of people are treated in emergency departments across the country for fall injuries. In fact, falling accounts for the most trauma center visits in all ages. A fall can put you at risk of serious injury and can be a sign of another health issue.

There are some simple tips to prevent falls, especially in your home.

Mayo Clinic emergency departments see patients every day who've been injured by falls.

"You can see things as simple as little cuts, and bumps and bruises, to broken bones to big head injuries, where you're bleeding into your brain. There's a variety of injuries that can occur," says Dr. Neha Raukar, a Mayo Clinic emergency medicine physician.

Many of those falls happen at home, and here are just a few easy things you can do to prevent them. It starts with reviewing any medications you're taking with your health care team.

"Every time somebody gets a medication, try to know what the side effects are, especially if they affect your balance or your ability to be awake," says Dr. Raukar.

Be informed about any medical conditions that could make you more prone to falls.

"Things like diabetes can cause neuropathy, where you can't really feel your feet. And so if you can't feel your feet and you're walking around, you can't really tell if your surface is uneven," says Dr. Raukar.

Other tips inside the house:

■ Wear sensible shoes instead of slippery socks, high heels or flip-flops.

■ Remove clutter and tripping hazards from high-traffic areas.

■ Secure loose rugs with tape or nonslip backing.

■ Keep your home brightly lit, and place a night light in bedrooms, bathrooms and hallways.

■ Use an assistive device, such as a walker or cane, if needed.

■ If you have pets, be aware that they might be at your feet.

"We not infrequently see people who tripped over their dog or their cat as they're trying to scurry out of the way," says Dr. Raukar.

Stay physically active to avoid future falls. Gentle exercise, like walking or tai chi, improves strength, balance, coordination and flexibility. And report all your falls to your health care team, even if they seem trivial.

"Sometimes it means something more is happening that needs to be investigated," says Dr. Raukar.

DREAMSTIME/TNS
Preventing falls at home are a good first step toward staying out of the hospital.

Healthy Living

Not just for cookies

Molasses – the dark, thick syrup that is the byproduct of refining cane sugar into table sugar – is a sweetener with nutrients.

Gooey ... and good for you

• **Blackstrap molasses,** one of several types, provides more iron for less calories than red meat and is fat-free

• **Molasses** is an excellent source of cooper, needed for many of the body's functions, including bone development, and of manganese, which helps produce energy from protein and carbohydrates

• **It is also** a very good source of calcium, needed for strong bones and teeth, potassium, important for muscle contraction, and magnesium, a lack of which can contribute to high blood pressure and muscle spasms

Source: World's Healthiest Foods, TNS Photo Service
Graphic: TNS

ON NUTRITION: The pros and cons of pork

By BARBARA INTERMILL
MONTEREY HERALD

Valerie T writes: "I am emailing you on the request of my dad who is 88 and has several health issues. He read what you had to say about beef and fish. He wanted to know about pork and the pros and cons of it.

He has diabetes, heart problems, circulatory problems due to the diabetes, kidney problems due to the diabetes, and arthritis. So just being a good daughter and emailing you. Thank you for your time Barbara!"

DREAMSTIME/TNS
Although sometimes called "the other white meat," pork is actually a red meat. That means it contains more myoglobin—a protein that holds oxygen in muscles—than chicken or fish.

You certainly are a good daughter, Valerie! And while I cannot give specific medical nutrition advice in this column, I'm happy to answer your dad's inquiry.

Although sometimes called "the other white meat," pork is actually a red meat. That means it contains more myoglobin—a protein that holds oxygen in muscles—than chicken or fish. Other red meats are beef, lamb, veal and venison.

To its credit, pork is a nutrient-dense food. It provides a good dose of high quality protein, iron, zinc and vitamins B6 and B12. Pork's protein helps manage blood sugars, maintains muscle strength and enhances the immune system.

Depending on the severity of your dad's kidney disease, however, he may need to limit the amount of protein he eats. Too much protein is hard on damaged kidneys.

Like beef, today's pork is much lower in fat than it was a few decades ago. If your dad enjoys pork, have him look for loin cuts, which are especially lean. Pork tenderloin, for example, can be lower in calories and saturated fat than chicken breast.

In fact, pork tenderloin and sirloin now carry the American Heart Association's Heart Check stamp that designates a food is not only a good source of beneficial nutrients but is also low in sodium and saturated fats.

Studies have shown that lean pork can be included in an overall healthful diet and not be a detriment to heart health. A recent study found that adding two to three servings a week of lean pork to a Mediterranean-style diet (olive oil, fish, legumes, nuts and lots of fruits and veggies) improved blood pressure and other signs of heart health as much as a typical low-fat diet.

The biggest "con" about pork involves some of the foods we hold near and dear: bacon, sausage and hot dogs. These are processed meats which—if eaten regularly—have been implicated in myriad health risks, including cancer. Best if your dad keeps his intake of these foods to a minimum.

If he hasn't already, I'd suggest your dad seek out a registered dietitian nutritionist with special training in diabetes care. Look for RDN and CDCES credentials. Medicare covers medical nutrition therapy for people like your dad who have diabetes and/or kidney disease. Find a nutrition professional in your area at https://www.eatright.org/find-a-nutrition-expert.

Barbara Intermill is a registered dietitian nutritionist and syndicated columnist. She is the author of Quinn-Essential Nutrition: The Uncomplicated Science of Eating. Email her at barbara@quinnessentialnutrition.com.

Life & Style

Goodwill find in Texas turns out to be ancient Roman bust

SAN ANTONIO (AP)—A marble bust that a Texas woman bought for about $35 from a Goodwill store is temporarily on display at a San Antonio museum after experts determined it was a centuries-old sculpture missing from Germany since World War II.

The bust, which art collector Laura Young found at Goodwill in 2018, once belonged in the collection of King Ludwig I of Bavaria, according to the San Antonio Museum of Art, which is temporarily displaying the piece until it is returned to Germany next year.

The ancient Roman bust dates to the first century B.C. or first century A.D. and historians believe it may depict a son of Pompey the Great, who was defeated in civil war by Julius Caesar, the museum said. The sculpture was last seen in Aschaffenburg, Germany, and experts believe a soldier took the sculpture and brought it to the United States, the museum said.

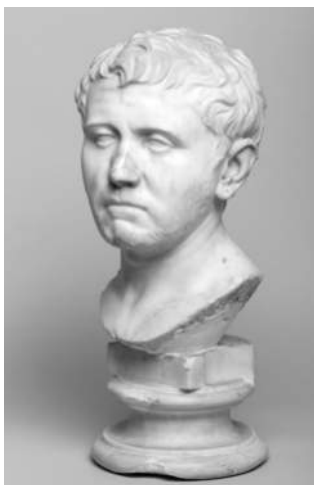
A Sotheby's consultant identified the work and it was further authenticated, the museum said.

"We are very pleased that a piece of Bavarian history that we thought was lost has reappeared and will soon be able to return to its rightful location," said Bernd Schreiber, president of the Bavarian Administration of State-Owned Palaces, Gardens, and Lakes.

Young said there were a few months of "intense excitement" after learning the history behind the piece, which she found on the floor beneath a table at a Goodwill in Austin, Texas.

Young reached a deal to return the bust to Germany with the help of an attorney who specializes in international art law, Austin radio station KUT reported. Terms of that deal were confidential.

"But it was bittersweet since I knew I couldn't keep or sell the (bust)," she said. "Either way, I'm glad I got to be a small part of (its) long and complicated history, and he looked great in the house while I had him."



AP

This undated photo shows a marble bust that a Texas woman bought for about $35 from a Goodwill store that is temporarily on display at a San Antonio museum after experts determined it was a centuries-old sculpture missing from Germany since World War II.

Heard takes the stand, accuses Depp of violent sexual assault

FALLS CHURCH, Va. (AP)—Actor Amber Heard tearfully told jurors Thursday that Johnny Depp sexually assaulted her with a liquor bottle in an alcohol-fueled rage.

Heard

The March 2015 incident in Australia, where Depp was filming the fifth "Pirates of the Caribbean" movie, is sharply disputed and has been a focal point of the four-week civil trial in Fairfax, Virginia.

The night ended with the tip of Depp's middle finger cut off, and him writing vulgar messages in blood on the walls of the house. Depp denies assaulting her in any way and says his finger was severed when Heard threw a vodka bottle at him; Heard said she'd taken sleeping pills after she was attacked and was not awake when the finger was severed.

The graphic description of the sexual assault left Heard fighting for her composure as she described it to jurors. She said Depp had been angry as soon as she arrived in Australia, roughly a month after the couple had married in February 2015.

He was accusing her of sleeping with co-stars in her movies, including Billy Bob Thornton and Eddie Redmayne, with whom she'd just shot the film "The Danish Girl"—accusations she denied.

The fight escalated to the point where he threw her into a ping-pong table, breaking it, Heard testified. He ripped off her nightgown, and Heard said she was naked and exposed as she was assaulted.

"I couldn't get up. I thought he was punching me," she said. "I could just feel this pressure on my pubic bone."

She thought he was assaulting her with her fist, but later figured out that she was being assaulted with a bottle, and realized that there had been numerous bottles broken in the fight.

"I looked around and saw so much broken glass. I just remember thinking, 'Please God, please don't be broken,'" she said.

Fred Savage dropped from 'The Wonder Years' amid allegations

LOS ANGELES (AP)—Fred Savage has been dropped as an executive producer and director of the rebooted "The Wonder Years" amid allegations of inappropriate conduct, the television show's production company has confirmed.

Savage

"Recently, we were made aware of allegations of inappropriate conduct by Fred Savage, and as is policy, an investigation was launched. Upon its completion, the decision was made to terminate his employment as an executive producer and director of 'The Wonder Years,'" a statement Saturday from 20th Television said.

20th Television did not immediately provide any additional details. A spokesperson for Savage did not immediately reply to a request for comment.

Savage, 45, was a child star when he appeared in the original series, which ran on ABC from 1988-93 and followed a suburban white family in the late 1960s and early 1970s. A new version of the show, which features Don Cheadle as the narrator, premiered last fall. The new series revolves around a Black family living in Montgomery, Alabama, in the late 1960s.

Man charged in Dave Chappelle attack pleads not guilty

LOS ANGELES (AP)—A man charged in an attack on comedian Dave Chappelle during a performance at the Hollywood Bowl pleaded not guilty Friday to four misdemeanors.

Isaiah Lee, 23, entered the not guilty pleas in a Los Angeles courtroom to charges of battery, possessing a deadly weapon with intent to assault unlawfully crossing from a spectator area onto a stage at a theatrical event and interfering with or delaying such an event with unlawful conduct.

Chappelle

Lee, who remains jailed, was ordered to stay at least 100 yards (91 meters) from Chappelle, whose lawyer called in to the hearing to request the protective order.

Authorities say Lee was arrested Tuesday night after rushing the stage during Chappelle's set in the last of a four-night stint at the Hollywood Bowl that was part of the "Netflix Is a Joke" comedy festival.

He was carrying a replica handgun with a large blade that folded out of it similar to a pocket knife, according to police, who released a photo of the weapon.

The Los Angeles County District Attorney's Office determined that he had not committed any felonies and referred the case to the LA city attorney's office, which charged him with the four misdemeanors.

Latest 'Jeopardy!' mega-champ's win streak snapped at 23

NEW YORK (AP)—The latest long-time champ on "Jeopardy!" has seen her winning streak end at 23—by a single dollar.

Mattea Roach, a tutor from Toronto, earned $560,983 during her run on the game show. She's has one of the five longest winning streaks in "Jeopardy!" history, but didn't come close to Ken Jennings' record of 74 consecutive wins.

Danielle Maurer, a marketing manager from Peachtree Corners, Georgia, beat Roach on Friday's show by a margin of $15,600 to $15,599.

Unlike her second-to-last match, Roach went into the final question with the lead Friday. But the Final Jeopardy question was about the name of Atlanta's airport, right near where Maurer lived.

Couple's honeymoon plan draws unwanted feedback

DEAR ABBY: My fiance, "Rowan," and I are getting married this year. It is my second marriage and his first. Rowan has a young son I'll call "Sean" from a previous relationship. I have a good relationship with Sean, and expressed to Rowan that I'd love to include Sean on our honeymoon, so we can have a proper first family vacation. (Rowan's custody agreement states that no unmarried parties may live together when their child is present in the home.)

Rowan was enthusiastic about it, since I'll finally be able to have proper bonding time with Sean in a home environment overnight. But when I bring this up with anyone else, they say I am selfish for wanting to play "Mom" and include my soon-to-be stepson on a vacation that's supposed to be for just me and my fiance.

We want to share this time with his son and have a fun family vacation. Are we doing the wrong thing? Should we leave Sean out? Why, with so many different family dynamics, is wanting to include Rowan's son regarded as selfish?

UNSELFISH IN THE SOUTH

DEAR UNSELFISH: You and Rowan should listen to your hearts instead of listening to unsolicited advice. Wanting to include Sean on the trip is the opposite of selfish, and it is your and your fiance's privilege to decide.

DEAR ABBY: My husband's daughter has decided that her children should not call me "Grandma," because I'm not their biological grandmother. She says her mother is their grandma and not me, even though her father and I have been together since before the birth of her children.

Eight years later, she told them not to call me Grandma. I am so hurt about it I can no longer bring myself to go over to their house. Please tell me how I can deal with being so blatantly disrespected by my husband's daughter. I seem to be good only for birthday presents and Christmas gifts.

SLIGHTED IN CALIFORNIA

DEAR SLIGHTED: I subscribe to the philosophy that the more love there is in this world, the better. I would take it a step further and add that the more loving grandparents there are in a child's life, the better. Your stepdaughter's announcement to the children at this late date that you are not their grandmother seems spiteful and hurtful. That said, there's nothing positive to be gained by shunning the children if you love them. What they call you is less important than the relationship you have with them. If you continue staying away as you have been doing, you will only drive a deeper wedge between you.

Abby shares more than 100 of her favorite recipes in two booklets: "Abby's Favorite Recipes" and "More Favorite Recipes by Dear Abby." Send your name and mailing address, plus check or money order for $16 (U.S. funds) to: Dear Abby, Cookbooklet Set, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

DEAR ABBY

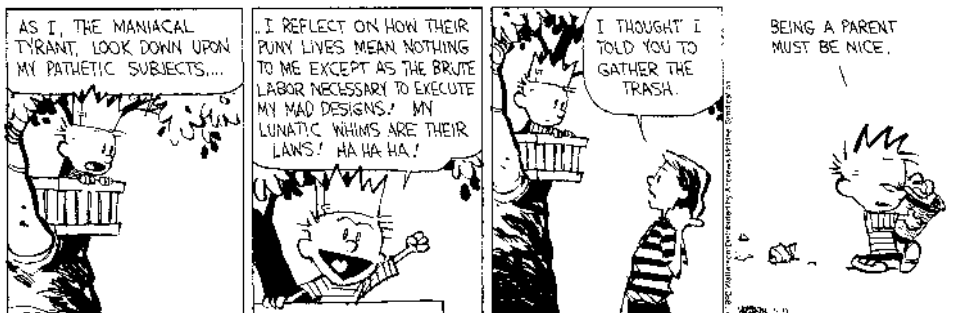
By ABIGAIL VAN BUREN
UNIVERSAL PRESS SYNDICATE

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Pastimes

Calvin and Hobbes

By Bill Waterson

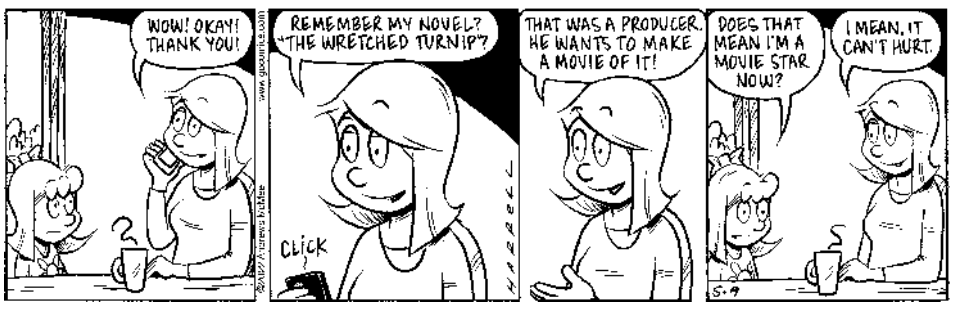

AS I, THE MANIACAL TYRANT, LOOK DOWN UPON MY PATHETIC SUBJECTS....
..I REFLECT ON HOW THEIR PUNY LIVES MEAN NOTHING TO ME EXCEPT AS THE BRUTE LABOR NECESSARY TO EXECUTE MY MAD DESIGNS! MY LUNATIC WHIMS ARE THEIR LAWS! HA HA HA!
I THOUGHT I TOLD YOU TO GATHER THE TRASH.
BEING A PARENT MUST BE NICE.

Garfield®

By Jim Davis

Adam@Home

By Bryan Basset


WOW! OKAY! THANK YOU!
REMEMBER MY NOVEL? "THE WRETCHED TURNIP"?
CLICK
THAT WAS A PRODUCER. HE WANTS TO MAKE A MOVIE OF IT!
DOES THAT MEAN I'M A MOVIE STAR NOW?
I MEAN, IT CAN'T HURT.

The Duplex

By Glenn McCoy

Please STAY ON THE LINE. YOUR CALL IS IMPORTANT TO US.
IN FACT, IT'S THE MOST IMPORTANT THING IN THE WORLD! SERIOUSLY, IF IT WASN'T FOR THIS PHONE CALL, LIFE WOULD BE MEANINGLESS!! IT'S SOOO IMPORTANT!!!
I THINK THIS IS THAT GUY I STOOD UP LAST WEEK.

CROSSWORD

By Eugene Sheffer

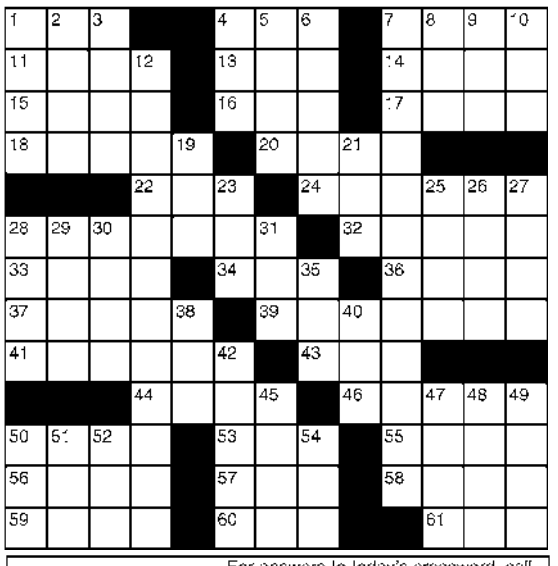
ACROSS
1 "Kinda" suffix
4 Piercing tool
7 Pacific island
11 Cattle calls?
13 Stickum
14 Fed. workplace monitor
15 Border on
16 Bol. neighbor
17 Twelve months
18 Ersatz chocolate
20 Flint-stones' pet
22 Tavern
24 Soup or salad, e.g.
28 Fact book
32 Fishing net
33 "Phooey!"
34 Nabokov novel
36 Spoken
37 Lab liquids
39 Spider's traps
41 Untidy states
43 Actor Jeong
44 Shadow
46 Chirp
50 Coffee
53 Back talk
55 Singer Guthrie
56 Frank-furt's river
57 Col. Sanders' chain
58 Modern "carpe diem"
59 Head, to Henri
60 However
61 — Juan

DOWN
1 Apple desktop
2 Japanese noodles
3 Time of day
4 Khan title
5 Dictionary entry
6 Spock specialty
7 Fleet-wood Mac hit
8 Work with
9 "Caught ya!"
10 Scratch
12 One-Republic hit single
19 Chignon
21 "Kidding!"
23 Sheepish remark
25 Scarce
26 Clear the decks?
27 Building wings
28 First person
29 Chantilly, e.g.
30 Hosp. scans
31 Govt. health org.
35 Fine, at NASA
38 Salty expanse
40 Wager
42 Smooth to the touch
45 Biography
47 Cupid's alias
48 Big name in scat
49 Animated figure
50 Scribble (down)
51 Citric beverage
52 Cat doc
54 Agt.'s take

Solution time: 26 mins.

R	I	V	A	L	■	C	S	T	■	A	L	B
E	M	I	L	Y	■	O	W	E	■	R	E	E
S	P	C	O	N	■	Z	I	N	N	I	A	S
■	■	L	U	D	W	I	G	■	C	A	S	I
A	B	E	■	A	Y	E	■	V	O	L	T	S
R	O	T	C	■	E	R	R	E	D	■	■	■
B	A	S	A	L	T	■	V	E	G	A	N	S
■	■	■	T	A	I	C	E	■	E	Z	R	A
S	A	I	N	T	■	C	R	O	■	A	A	S
U	L	N	A	■	C	A	S	U	A	L	■	■
P	O	P	P	I	E	S	■	T	W	E	A	K
E	N	E	■	D	O	E	■	R	E	A	T	A
R	E	N	■	A	S	K	■	E	S	S	A	Y

Last Friday's Answer 05/09



STUMPED? For answers to today's crossword, call **1-900-226-5955**! 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features service, NYC.

CELEBRITIES BORN ON THIS DAY: Steve Yzerman, 57; John Corbett, 61; Billy Joel, 73; Candice Bergen, 76.

Happy Birthday: Give yourself plenty of time to figure out what you want to achieve this year and how best to initiate your plans. Listen to the voice of reason and those offering wisdom and experience. An untimely move or change will be difficult to recover from, but one based on facts and practicality will offer rewards that put a smile on your face. Your numbers are 7, 15, 24, 29, 34, 41, 47.

ARIES *(March 21-April 19):* Keep your plans to yourself; if you reveal too much information, someone will look for a way to interfere. Use your charm to keep the peace and your attributes and skills to bring about positive change that will directly benefit you. ✪✪✪✪✪

TAURUS *(April 20-May 20):* Take stock of what you have and what you can discard. Housecleaning will give you a new lease on life and options that offer freedom to follow your heart. Don't give up on your dreams because of the work entailed. ✪✪

GEMINI *(May 21-June 20):* Remember mistakes and regrets before making a questionable move. Refine your strategy to fit current trends. Look for innovative ways to use your skills profitably. Concentrate on doing a good job, and the rewards will be gratifying. ✪✪✪✪

CANCER *(June 21-July 22):* Use your resources wisely. Call on those who are quick to respond, and offer unique suggestions. Stop worrying about things you can't change. Apply skills and experience to position yourself for success. You'll win someone's monetary support. ✪✪✪

LEO *(July 23-Aug. 22):* Work with what's available. Don't vie for someone's attention. Keep your wallet in your pocket. Trying to buy love or favors will lead to unwanted changes. Assess your emotional well-being and strive for peace of mind. ✪✪✪

VIRGO *(Aug. 23-Sept. 22):* Avoid emotional traps and people who use manipulative tactics to take advantage of you. Pay attention to what things cost, and look for a way to reduce expenses instead of adding to them. A joint venture will have strings attached. ✪✪✪

LIBRA *(Sept. 23-Oct. 22):* Put some thought into fixing up your space or putting a schedule that targets self-improvement in place. Working alongside someone who shares your values and beliefs will give you the boost you need to be successful. 4 stars

SCORPIO *(Oct. 23-Nov. 21):* Look at an extraordinary challenge. A creative endeavor will keep you busy and out of trouble and help you avoid emotional spending. Don't give in to pressure or unnecessary moves. Attend industry events, and share information with people who can help you advance. ✪✪✪✪

SAGITTARIUS *(Nov. 22-Dec. 21):* Problems with friends, relatives or peers will emerge. Keep your thoughts to yourself, and don't believe everything you hear. Look inward and spend more time on self-improvement instead of trying to change others. An exciting opportunity will come with financial rewards. ✪✪

EUGENIA LAST

THE LAST WORD IN ASTROLOGY

COPYRIGHT 2007 UNIVERSAL PRESS SYNDICATE

CAPRICORN *(Dec. 22-Jan. 19):* Pace yourself to avoid fatigue. A change at home will be welcome but costly. Put your plans and budget in place before you begin. Call in favors if it will help you get what you want for a price you can afford. ✪✪✪

AQUARIUS *(Jan. 20-Feb. 18):* Stick close to home and to people who bring out the best in you. Do what makes sense, and say no to anyone prompting you to make changes you don't want to pursue. Concentrate on home improvement and good health. ✪✪✪

PISCES *(Feb. 19-March 20):* A change in how you handle money and resources will be detrimental to what you are trying to achieve. Keep things moderate and straightforward, and your productivity will get you to the finish line. Stick to the truth and a budget. ✪✪✪

Birthday Baby: You are sensitive, helpful and changeable. You are resourceful and wise.

✪: Avoid conflicts; work behind the scenes. ✪✪: You can accomplish, but don't rely on others. ✪✪✪: Focus and you'll reach your goals. ✪✪✪✪: Aim high; start new projects. ✪✪✪✪✪: Nothing can stop you; go for gold.

SUDOKU

Conceptis Sudoku *By Dave Green*

	6	8		3		7	9	
7		2	4		5	1		3
					8			
	4	3					6	
6				1				8
	2					4	5	
			5					
5		4	6		1	3		9
	7	6		9		5	2	

Difficulty Level ★ 5/09

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Saturday.

Last Friday's Answer

9	4	3	7	8	1	2	5	6
7	2	5	6	4	9	1	8	3
8	6	1	5	3	2	7	9	4
2	9	8	1	6	3	4	7	5
3	5	6	4	2	7	9	1	8
4	1	7	9	5	8	3	6	2
5	8	9	2	1	4	6	3	7
6	7	2	3	9	5	8	4	1
1	3	4	8	7	6	5	2	9

Difficulty Level ★★★★ 4:32

©2012 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

WONDERWORD®

By DAVID OUELLET

HOW TO PLAY: All the words listed below appear in the puzzle — horizontally, vertically, diagonally and even backward. Find them, circle each letter of the word and strike it off the list. The leftover letters spell the **WONDERWORD.**

TWEEZERS **Solution: 9 letters**

A	G	A	R	D	E	N	I	N	Ⓖ	P	L	U	C	K
S	C	L	E	N	S	E	S	Ⓡ	R	L	A	T	E	M
S	R	C	T	R	O	E	Ⓘ	E	X	L	L	E	C	T
H	M	E	E	E	N	Ⓟ	C	L	G	E	I	A	A	E
A	O	I	T	S	X	I	N	L	E	V	A	R	F	R
R	L	S	I	N	S	T	R	U	M	E	N	T	E	S
P	E	R	P	I	I	O	I	P	S	R	S	M	R	I
E	C	C	O	M	B	L	R	L	E	V	O	O	R	G
N	U	N	C	R	A	A	P	I	E	V	S	F	P	R
S	L	O	O	T	R	T	K	S	E	S	R	O	O	O
E	A	O	I	T	O	I	S	I	I	S	O	R	I	O
W	R	D	N	A	H	H	M	C	N	N	U	C	N	M
I	S	E	S	A	C	A	S	M	A	G	N	E	T	I
N	B	M	A	G	N	I	F	I	E	R	D	P	E	N
G	S	C	I	N	O	R	T	C	E	L	E	S	D	G

© 2022 Andrews McMeel Syndication www.wonderword.com 5/9

Accessories, Baking, Bent, Cases, Coins, Comb, Electronics, Face, Forceps, Gardening, Gems, Grip, Grooming, Groove, Hair, Hand, Instrument, Lenses, Lever, Magnet, Magnifier, Metal, Mirror, Molecular, Nail, Nano, Nose, Pliers, Pluck, Pointed, Precision, Pull, Remove, Round, Scissors, Sewing, Sharpen, Splinters, Stamps, Tear, Textiles, Tools

Last Friday's Answer: Puzzle

To purchase **WONDERWORD** books, visit www.WonderWordBooks.com, or call 1-800-642-6480.

Bucks edge Celtics 103-101 after frantic final second

MILWAUKEE (AP)— Giannis Antetokounmpo found a way to get better shots and recapture his peak form just in time to help the defending champion Milwaukee Bucks regain the lead in the Eastern Conference semifinals.

But it was the Boston Celtics' bad timing that made the difference in the end.

Antetokounmpo bounced back from a rare subpar performance by scoring 42 points and making the go-ahead basket with 44.3 seconds left in a 103-101 victory Saturday. The Bucks lead the best-of-7 series 2-1, with Game 4 on Monday night in Milwaukee.

"I know what my strengths are" Antetokounmpo said. "Just try to read what's in front of me and just play with my instincts. Sometimes I'm going to make the right play and sometimes I'm going to make the wrong play, but as long as I play within my strengths, we're going to be in a good place."

The victory wasn't secure until replays confirmed that Al Horford's potential tying putback — capping a wild sequence after Marcus Smart intentionally missed a free throw — came just after the buzzer.

"I saw Al tip it, and I saw the red outline go off on the backboard," Bucks center Brook Lopez said. "It was very close."

Boston trailed 103-100 when officials determined Marcus Smart was fouled by Jrue Holiday just before attempting a potential tying 3-pointer with 4.6 seconds remaining. Because it was a non-shooting foul, Smart got just two free-throw attempts.

Smart made the first free throw, then missed the second intentionally — flinging a shot that went hard off the backboard before hitting the rim.

That's when things got wild.

Smart got the rebound, but missed his putback attempt. Boston's Robert Williams charged toward the basket and sent the ball up and off the glass. Horford was waiting on the right side with a putback attempt that also went off the glass. Horford then got his own rebound and banked it in, but his final shot came just after the buzzer sounded.

"Missed it perfectly," Smart said. "Nobody was ready, (but) our guys were. Got it up on the rim. We had a few chances at it. Just didn't work out for us."

The Celtics believed Smart should have had an opportunity to tie the game at the line. Celtics coach Ime Udoka and Smart said it should have been a shooting foul on Holiday.

"You can clearly see it," Udoka said. "I saw it in person, but also on the film. I just went and looked at it. It's a shot. He's curling into his shot. He's getting fouled on the way up. Bad missed call."

Holiday disagreed.

"Honestly, it looked like he was still facing the sideline," said Holiday, who scored 25 points. "That's not a shooting motion. He wasn't facing the rim."

Jaylen Brown led the Celtics with 27 points and 12 rebounds. Horford had 22 points, 15 rebounds and five assists.

Boston trailed by 14 late in the third quarter and was facing a 13-point deficit with less than 10 minutes left before storming back. The Celtics pulled ahead 100-99 and took their first lead since early in their third quarter on Brown's two free throws with 1:49 remaining.

AP

Milwaukee Bucks' Giannis Antetokounmpo gets past Boston Celtics' Jayson Tatum during the first half of Game 3 of an NBxA basketball Eastern Conference semifinals playoff series Saturday, May 7, 2022, in Milwaukee.

Both teams failed to score on their next possessions before Antetokounmpo put the Bucks back ahead. Antetokounmpo then blocked Brown's driving layup attempt, leading to Holiday's basket that made it 103-100 with 11.2 seconds remaining.

Antetokounmpo's winning plays in the final minute highlighted his bounce-back performance.

After shooting 38.5% (20 of 52) in the first two games of this series, Antetokounmpo went 16 of 30 on Saturday. He made 62.5% of his attempts (15 of 24) from two-point range. He had 12 rebounds and eight assists to go along with his 42 points.

It was a major upgrade from his Game 2 outing, when he went 2 of 12 and scored just five points in the first half before finishing with 28 in the Bucks' 109-86 loss.

"There's going to be struggles, but at the end of the day, if you keep with it and you stay with it and you stay on course, you're going to succeed," Antetokounmpo said. "If you don't stay on course, you're not going to succeed. It's as simple as that."

Antetokounmpo made sure the Bucks weren't thrown off course in their title defense.

Warriors 142, Grizzlies 112

In San Francisco, now, Ja Morant and the Memphis Grizzlies are calling out the Golden State Warriors for causing unnecessary injury.

Morant re-injured his troublesome right knee late in the game when Jordan Poole grabbed it as they fought for a loose ball late in the Warriors' 142-112 victory that embarrassed the Grizzlies on Saturday night and gave Golden State a 2-1 lead in the Western Conference semifinals.

Morant left Chase Center without speaking to reporters but posted and later deleted a video of the play on his Twitter feed with the words "broke the code," a reference Warriors coach Steve Kerr had used five days earlier when Dillon Brooks' hard foul in Game 2 sidelined Gary Payton II.

Poole and Andrew Wiggins swarmed Morant as he dribbled at the top of the 3-point arc when Morant struggled to keep possession — and Poole described it as "a basketball play."

"When we doubled him, I hit the ball, l was going for the ball. Obviously, you don't want to see anybody get hurt, I'm not even that type of player," Poole said. "I respect everybody. Obviously hopefully he gets better and we can see him out there next game."

Brooks was suspended for his Flagrant 2 foul in the first quarter Tuesday night when he pounded the head of a driving Payton, who landed awkwardly and fractured his left elbow. He will be sidelined indefinitely, also with ligament and muscle damage.

Kerr said the play was "dirty" and broke an NBA "code" injuring someone and threatening his career, while Memphis coach Taylor Jenkins and his Grizzlies players defended their hard-nosed style as not dirty at all.

Draymond Green and Golden State kept cool from the opening tip — methodically running away with it. Instead, Memphis forward Kyle Anderson got ejected with 6:19 left for arguing an offensive foul.

Stephen Curry scored 30 points, Klay Thompson had 21 and nine rebounds and Golden State shut down Morant's supporting cast.

A 3 by Morant just before the halftime buzzer got the Grizzlies to 64-57 at the break and gave him 17 of his 34 points after a 47-point performance in Game 2. But Morant couldn't do it alone for Memphis, and he was done after rubbing his tender right knee and limping off with 6:19 to play before heading to the locker room.

"He's getting evaluated now. Nothing further. We just watched the replay," Memphis coach Taylor Jenkins said. "He was going after a dribble and Jordan Poole actually grabbed his knee and yanked it, which kind of triggered whatever happened, so I'm actually going to be very curious to see what happens after that."

Kerr said he "didn't even notice the play."

Brooks will be back for Game 4 on Monday night at Chase Center, where the raucous sellout crowd included two women holding signs of Payton's face insisting the Warriors "Win it for Gary." It's unclear if Morant will be fine to play.

"I've been through a tough knee injury, and I don't think there's any malicious intent from Jordan," Thompson said. "I don't even think he's strong enough to affect somebody's knee. But we're not out there trying to hurt people or trying to club people in the back of the head on a fast break. We play the game the right way and I'm going to have his back."

Golden State dominated with a balanced attack and energy on both ends after Green called for the offense to do more to better the defense. He dished out eight assists, five points and five rebounds.

"The shot selection was much improved," Kerr said.

Poole scored 27 points off the bench and Andrew Wiggins added 17 points for Golden State, which used a 10-0 run out of halftime to take command for good.

"We've got another game on Monday," Poole said when asked what he expects next given the latest back-and-forth between the rivals.

Rookie Jonathan Kuminga provided a spark starting in Payton's place, while Ziare Williams was in for Brooks.

Curry missed his initial two shots then scored his first points of the game by making a big 3 with 0.9 left in the first as the Warriors trailed 28-26.

Morant hit a 31-foot 3-pointer midway through the first and Williams dunked shortly after for a 21-8 lead and Memphis made 6 of 9 shots to start the game. But the Grizzlies went cold and made only 3 of the next 12 and watched the Warriors close the quarter with an 18-7 burst.

"We were just too frenetic to start off the game," Kerr said.

NBA BRIEFS

Ben Simmons has successful back surgery, Nets announce

Ben Simmons underwent what was determined to be a successful back surgery in Los Angeles on Thursday. The Brooklyn Nets are hoping that he is fully recovered before the start of training camp this fall.

Simmons will need about three weeks for an "initial recovery period," the Nets said, before he can start his rehabilitation program. The procedure Simmons had was called a microdiscectomy, in which a small fragment of a herniated disc is removed to relieve pressure on the spinal column.

Training camp will start in late September.

Simmons last played a game on June 20, 2021. He missed this entire season—some with Philadelphia before being traded to the Nets in the move that sent James Harden to the 76ers—for a variety of reasons, including mental health concerns before the trade and then what were originally called back spasms after the trade.

The hope is the surgery will allow Simmons to get back on the court, play without pain and become another key piece of a title-contending group led by Kevin Durant and Kyrie Irving that Brooklyn envisions. Working through the mental issues that Simmons is dealing with, Nets coach Steve Nash said toward the end of Brooklyn's season, will remain a top priority for the team as well going forward. ***(AP)***

Source: Mike D'Antoni among Hornets coaching candidates

CHARLOTTE, N.C. (AP)— The Charlotte Hornets have begun their search for a head coach, requesting permission to interview several candidates for the opening, said a person familiar with the situation.

The person spoke to The Associated Press on condition of anonymity Thursday because the Hornets have not released a list of coaching candidates.

Though it is unclear when the interviews will take place, the person said the list includes two-time NBA coach of the year Mike D'Antoni, now a New Orleans Pelicans consultant, Other candidates include five NBA assistant coaches: Golden State's Kenny Atkinson, Dallas' Sean Sweeney, Brooklyn's David Vanterpool and Milwaukee's Darvin Ham and Charles Lee.

Of the assistant coaches on the list, only Vanterpool's team is no longer still participating in the NBA playoffs.

D'Antoni has previously worked as a head coach with the Houston Rockets (2016-20), Los Angeles Lakers (2012-14), New York Knicks (2008-12), Phoenix Suns (2003-08) and

Denver Nuggets (1998-99). He won NBA coach of the year in 2005 and 2017 and has amassed a record of 672-527 record in the regular season and 54-56 mark in the postseason.

He previously worked under current Hornets general manager Mitch Kupchak with the Lakers for two seasons.

The Hornets are looking to replace James Borrego, who was fired by owner Michael Jordan on April 22 after a 43-39 season.

The 44-year-old Borrego was 138-163 in four seasons with the Hornets and had received a multi-year contract extension last August. Charlotte finished in 10th place in the East but lost in the play-in game for the second straight year.

The Hornets have not made the playoffs since the 2015-16 season and have not won a playoff series in 20 years.

Astros beat Tigers 3-2, extend winning streak to six games

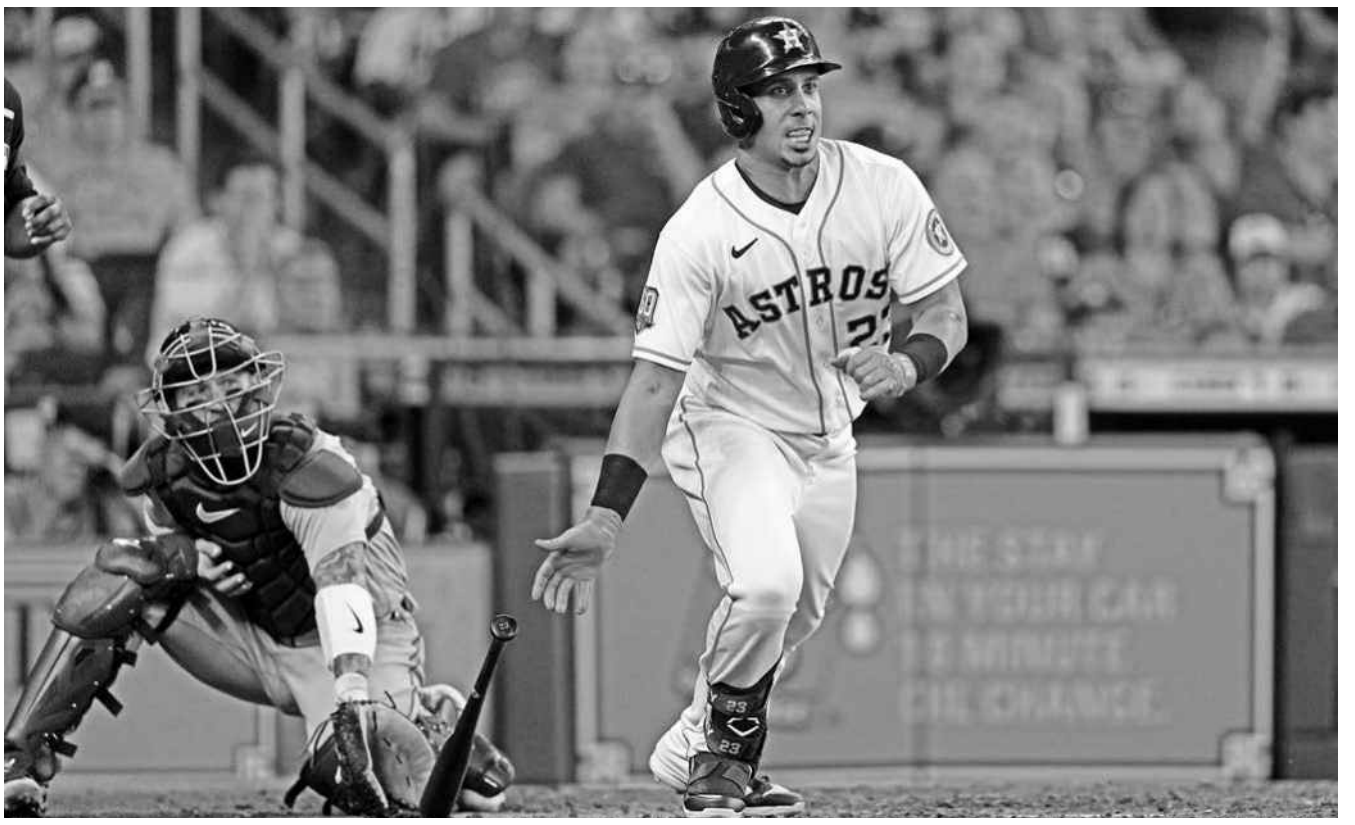
HOUSTON (AP)—Jose Altuve homered early, and Michael Brantley tripled in a two-run eighth to help the Houston Astros run their winning streak to a season-best six games with an 3-2 victory over the Detroit Tigers on Saturday.

The win was manager Dusty Baker's 2,004th, passing Bruce Bochy (2,003) for 11th on the all-time list.

The Astros trailed 2-1 in the eighth when Altuve singled with one out and scored on a triple to right field by Brantley to tie it. The Tigers intentionally walked Yordan Alvarez with two outs before Michael Fulmer (1-1) walked Yuli Gurriel to load the bases. Another walk to Kyle Tucker scored Brantley to put Houston up 3-2.

Bryan Abreu (1-0) pitched a scoreless eighth for the win and closer Ryan Pressly threw a perfect ninth for his fourth save.

Miguel Cabrera doubled in the third inning to join Hank Aaron and Albert Pujols as the only players in MLB history to have at least 3,000 hits, 500 homers and 600 doubles in their careers.



AP

Houston Astros' Michael Brantley (23) hits an RBI-triple as Detroit Tigers catcher Tucker Barnhart watches during the eighth inning of a baseball game Saturday, May 7, 2022, in Houston.

Marlins 8, Padres 0

In San Diego, Joe Dunand, the nephew of Alex Rodriguez, homered on the third pitch he saw as a big leaguer and then doubled as Miami ended a six-game losing streak with a win over San Diego.

Jorge Soler hit his first career grand slam and Pablo López pitched eight strong innings for Miami.

After Dunand homered, A-Rod tweeted, "WOW! First MLB at-bat HOME RUN. Lets go Joe!!!" The 26-year-old doubled to left in his second at-bat and scored on Garrett Cooper's two-run double.

Soler's grand slam highlighted the five-run ninth against San Diego's bullpen. Lopez (4-1) shut down the Padres on five hits while striking out five and walking two.

Manaea (2-3) allowed three runs and seven hits in six innings, struck out eight and walked one.

Braves 3, Brewers 2

Ronald Acuña Jr. hit a fifth-inning homer for the game's first run, Max Fried outpitched Corbin Burnes and Atlanta held off Milwaukee.

Fried (4-2) allowed one run on four hits with one walk and eight strikeouts in seven innings to end Milwaukee's four-game winning streak. Closer Kenley Jansen earned his eighth save.

Acuña's homer off Burnes (1-2) was his second in two games as he continued to prove he has fully recovered from knee surgery.

Hunter Renfroe led off the seventh with his sixth homer. Travis d'Arnaud's eighth-inning single off Luis Perdomo drove in Ozzie Albies from second base for Atlanta.

Giants 13, Cardinals 7

In San Francisco, Wilmer Flores hit a grand slam in the first inning and matched his career high with six RBIs as San Francisco snapped a five-game losing streak with a win over St. Louis.

Mauricio Dubón and Darin Ruf also homered for the Giants.

Cardinals catcher Yadier Molina reached 1,000 career RBIs. Dylan Carlson added a three-run homer, but St. Louis committed three errors and ended its three-game winning streak.

Logan Webb (4-1) struck out seven in five uneven innings to remain unbeaten in his last 17 starts at Oracle Park. He allowed four runs and eight hits.

Steven Matz (3-2) allowed three home runs in the first two innings and took the loss.

White Sox 3, Red Sox 1, 10 innings

In Boston, José Abreu hit a go-ahead double in the 10th after Chicago tied it an inning earlier, helping the White Sox beat Boston for their fifth straight win.

Leury García had two singles and a game-tying sacrifice fly in the ninth for the White Sox (13-13), who reached .500 for the first time since April 21.

Rafael Devers had an RBI double for Boston, which has lost 13 of 17. The Red Sox have lost six straight series.

Abreu drove in automatic runner AJ Pollock and Luis Robert followed with an RBI single off Matt Barnes (0-3).

Reynaldo López (4-0) worked two innings of scoreless relief and Liam Hendricks got three outs for his ninth save. Matt Barnes (0-3) took the loss.

Rockies 4, Diamondbacks 1

In Phoenix, Yonathan Daza, José Iglesias and Connor Joe hit consecutive, two-out, run-scoring singles in the ninth inning to help Colorado rally past Arizona.

Colorado trailed 1-0 entering the ninth and pieced together four runs off Arizona closer Mark Melancon (0-3). C.J. Cron and Ryan McMahon led off the inning with singles before Melancon retired the next two batters. Daza, who entered the game as a pinch-hitter in the seventh, lined a ball up the middle to tie the game. Iglesias followed with a go-ahead single and Joe capped the rally with a single up the middle that sent home two runs.

Jordan Luplow stole back-to-back bases in the eighth tand scored on Christian Walker's double off the right-field wall.

Colorado's Daniel Bard worked the ninth for his ninth save in 10 chances this season.

Blue Jays 8, Guardians 3, 1st game Guardians 8, Blue Jays 2, 2nd game

In Cleveland, Owen Miller delivered a two-run double and Franmil Reyes homered and had two RBIs, helping Cleveland beat Toronto and earn a doubleheader split.

Miller's double was part of a three-run first. Reyes hit a solo shot in the third and singled home Amed Rosario in the fifth. The Guardians were playing in their MLB-high third doubleheader, all at Progressive Field.

Triston McKenzie (2-2) earned his second straight victory with six innings of two-run ball, striking out nine.

Bo Bichette had an RBI double in the first and Santiago Espinal doubled home a run in the second for Toronto, which had its final 20 hitters retired in order by McKenzie and a trio of relievers. Ross Stripling (0-1) gave up four runs in four innings.

In the opener, George Springer and Raimel Tapia each drove in three runs in the first four innings against ace Shane Bieber.

Blue Jays starter Kevin Gausman (3-1) allowed one run and struck out five over 6 1/3 innings. The right-hander issued his first walk of the season against his 137th batter, Reyes in the fourth, after 35 1/3 innings without a free pass.

Bieber (1-2) surrendered a career-high tying seven runs in 3 1/3 innings.

Twins 1, Athletics 0

In Minneapolis, Jorge Polanco homered in the sixth inning and four Minnesota pitchers made it stand up, sending Oakland to its eighth straight loss.

Minnesota pitchers combined to strike out 15 while allowing just three hits.

Polanco had three of Minnesota's five hits. Griffin Jax (2-0) earned the win with 1 2/3 innings in relief. Jhoan Duran struck out five in two innings for his second save.

James Kaprielian (0-2) surrendered one run on three hits and two walks in 5 2/3 innings. He struck out seven.

Dodgers 7, Cubs 0, 1st game Dodgers 6, Cubs 2, 2nd game

In Chicago, Clayton Kershaw dominated over seven innings in the opener, Mookie Betts drove in five runs in the nightcap, and Los Dodgers swept a doubleheader against Chicago.

Betts smacked a three-run double in the second inning of Game 2 against Keegan Thompson to cap a four-run rally, and he added a two-run homer in the ninth. Los Angeles' only other hit was a single in the ninth by Freddie Freeman. The NL Central leaders drew nine walks on the way to their 17th win in 22 games.

Kershaw (4-0) scattered five hits while striking out two and walking one.

Tyler Anderson (3-0) went five innings in the second game, allowing two runs and four hits. The left-hander struck out seven and walked one.

Chicago's Willson Contreras homered, tripled, scored in the first and singled in the eighth. But, the Cubs lost for the ninth time in 11 games. Daniel Norris (0-2) took the loss in the nightcap.

In the first game, Drew Smyly (1-3) lasted 4 1/3 innings, allowing two earned runs and six hits.

Reds 9, Pirates 2, 1st game Pirates 8, Reds 5, 2nd game

In Cincinnati, Pittsburgh emergency catcher Josh VanMeter had a rough time in his first try behind the plate since he was a teenager, and Cincinnati took advantage to end a nine-game losing streak in the opener of a doubleheader.

In the nightcap, Ke'Bryan Hayes hit a two-run homer and Yoshi Tsutsugo and Diego Castillo had back-to-back home runs as Pittsburgh earned a split.

In the opener, Pirates starting catcher Roberto Pérez was helped off the field with a left hamstring injury after falling while rounding second base in the top of the eighth. Backup catcher Andrew Knapp had been ejected in the bottom of the sixth.

Tyler Stephenson hit a tie-breaking, bases-loaded double in the eighth inning that fueled a seven-run burst. Tyler Naquin drove in three runs with a bases-loaded double.

Lucas Sims (1-0) earned the win. Wil Crowe (1-2) took the loss.

In the second game, Brandon Drury homered, doubled and drove in four runs for the Reds in the nightcap.

Heath Hembree (2-0) won in relief and David Bednar got his fourth save. Phillip Diehl (0-1) lost in relief.

Nationals 7, Angels 3

In Anaheim, Calif., Josh Bell, Yadiel Hernandez and Nelson Cruz went deep, Maikel Franco drove in three runs and Washington snapped a three-game losing streak with a win over Los Angeles.

Josiah Gray (4-2) won his second straight start, allowing three runs and five hits in 5 1/3 innings. The right-hander also struck out three.

Jared Walsh and Brandon Marsh homered for the Angels, who had their three-game winning streak snapped.

Michael Lorenzen (3-2) took the loss. He struck out seven, but allowed five runs and five hits in 4 2/3 innings.

Rays 8, Mariners 2

In Seattle, Brandon Lowe hit two solo homers off Seattle starter Marco Gonzales for the seventh multi-homer game of his career, Manuel Margot hit his first grand slam, and Tampa Bay won its sixth straight.

Margot, who hit a game-winning, three-run homer in the ninth inning on Friday night, capped an eighth inning meltdown by Seattle reliever Diego Castillo. He hit the first pitch into the left-field bullpens. Castillo failed to record an out and allowed five earned runs.

Seattle has lost six straight and 10 of 11.

Tampa Bay starter Drew Rasmussen (3-1) stymied Seattle. The only run he allowed came after Julio Rodríguez tripled and scored on Adam Frazier's two-out single in the fifth. Rasmussen allowed five hits and struck out five.

Abraham Toro hit a solo homer in the ninth for Seattle.

Gonzales (1-4) struggled with control, walking four and going deep into counts to several batters. Gonzales lasted 5 1/3 innings and threw 98 pitches.

80-1 shot Rich Strike races to huge upset in Kentucky Derby

By BETH HARRIS
AP RACING WRITER

LOUISVILLE, Ky. (AP)—Anyone anticipating a return to normalcy in the Kentucky Derby got a dose of crazy Saturday when an 80-1 shot came charging up the rail to win at Churchill Downs.

With favorite Epicenter and Zandon engaged in a duel at the front, Rich Strike stole the show with the second-biggest upset in the Derby's 148-year history.

The chestnut colt beat 4-1 favorite Epicenter by three-quarters of a length. Zandon finished another three-quarters of a length back in third.

"I about fell down in the paddock when he hit the wire," winning trainer Eric Reed said. "I about passed out."

Rich Strike paid $163.60 Only Donerail in 1913 had a higher payout of $184.90.

"What a crazy Derby," said trainer Kenny McPeek, whose horses finished eighth and ninth.

Rich Strike wasn't even in the Derby until Friday when Hall of Fame trainer D. Wayne Lukas scratched Ethereal Road, making room for the chestnut colt who had just two previous wins in his career.

"We found out about 30 seconds before the deadline on Friday," owner Rick Dawson said. "It put us in the race and really we always felt if we just got in we've got a shot."

Rich Strike ran 1 1/4 miles in 2:02.61. After taking a bite out of his much costlier competition, he playfully chomped on the pony guiding him to the winner's circle.

AP

Rich Strike (21), with Sonny Leon aboard, wins the 148th running of the Kentucky Derby horse race at Churchill Downs Saturday, May 7, 2022, in Louisville, Ky.

"I can't believe it after Epicenter's effort," said losing trainer Steve Asmussen, who fell to 0 for 24 in the Derby. "I got beat by the horse that just got in."

Jockey Sonny Leon and Rich Strike had just two horses beat in the early going. Leon eventually guided his mount between horses and to the inside rail. Rich Strike made a deft move around Messier in the stretch and went right back to the rail intent on picking off Epicenter and Zandon.

"When I was in the last 70 yards, I said, 'I think I got this race,'" Leon said.

Both Leon, from Venezuela, and Reed were in their first Derby. Reed endured a tragedy five years ago when he lost nearly two dozen horses in a barn fire at his training center in Lexington.

He briefly considered the fire might be a signal for him to leave the sport.

"People I hadn't seen, people I haven't talked to in years, my best friends were there in the morning to pick me up," Reed recalled. "It let me know there's so much good out there, and then I just decided I wasn't going to let it take me out."

Leon regularly rides on some of the country's smallest circuits, where the horse flesh is inexpensive and the purse money modest. But he matched wits with such veteran riders as Joel Rosario, aboard Epicenter, and Mike Smith, aboard Messier.

Leon's rail ride was reminiscent of jockey Calvin Borel's stealth move aboard Mine That Bird in 2009. Mine That Bird sprang what was then the Derby's third-biggest upset, paying $103.20 to win.

Reed had no argument with the bettors ignoring his colt, whose victory surely inspired little guys everywhere.

"Small trainer, small rider, small stable, he should have been 80-1," Reed said. "And so anybody that's in this business, lightening can strike."

Rich Strike was purchased by Dawson, who races as RED TR-Racing LLC, for $30,000 last fall when the colt was entered in a low-level claiming race by his former owner.

Calumet Farm head Brad Kelley might be ruing that decision now. Calumet Farm has won a record eight Kentucky Derbies, but none since 1968, when Forward Pass was placed first via disqualification.

MANCAO

From Page 20

in the women's division with a time of 24:38.46 while in full Rey Skywalker costume. CNMI National Triathlon Team Robyn Spaeth was third in 25:21.

Mancao said he used the Star Wars Day Run as part of his training for the upcoming Northern Marianas Pacific Mini Games 2022.

"I was just really trying to hit 19 min mark. Every race I get a chance to run I use that for training. The win was just a bonus," he said.

Mancao, who will compete in the 800m and 3000 steeplechase and perhaps the 1500m in the Mini Games next month, said he will try to run the event in full Star War regalia next year.

"I would love to wear a costume, but didn't have time to prepare one. Maybe for the next Star Wars event. The race conditions were perfect. You get the morning sun, which is better than rain in my opinion. The course route was perfect as you get a little bit of hills," said 27-year-old Kautz Glass employee.

Myers, for her part, said she tried her best to catch Mancao, but faded in the end as her teammate turned on the afterburners in the end.

"I was chasing him from the start of the race and finally caught him in the last 1/2 mile of the race, but in that last 1/4 mile he took off! He has a good [finishing] kick and likely more fast twitch muscle fibers than me, but it was fun racing together and pushing each other. The weather was perfect and the course route was shady for the most part. The volunteers made it a great event."

The health and physical education instructor for the Northern Marianas College said the entire CNMI National Athletics Team—both athletes and coach—have been putting in quality training this past month and for distance athletes like her having weekend races like the Star Wars Day Run are nice.

"I'm planning to run the steeplechase at the Mini Games. The fun run 5Ks have been great but nothing replaces getting out and actually racing against other athletes on the track, especially for the steeplechase. The water jump takes practice and jostling during the water jump can make it even more challenging! Since the 5K is the very last event of the track meet I'm going to run it too, it's not my best race, but since many athletes will be doing multiple races you never know what can happen. So, I'll go out and see what type of race I can put together," she said.

Myers actually wore a Star Wars costume pre-race but ditched it so she could run faster.

"I actually did wear a costume, I just didn't race in it. A kiddo even told me 'you look uncannily like Princess Leia.' I didn't race in the dress because it would have limited my mobility and been tough to use good running mechanics. My family might be disappointed I didn't race in it, they are huge Star Wars fans we used to go watch Star Wars movies after our family Christmas parties!"

Results of the team event and winners of the Star Wars costume contest will be published in the next issue of *Saipan Tribune.*

TRIBUNE SPORTS SCORES

MLB STANDINGS

AMERICAN LEAGUE

East Division

	W	L	Pct	GB
New York	18	7	.720	–
Tampa Bay	18	10	.643	1½
Toronto	17	12	.586	3
Baltimore	10	16	.385	8½
Boston	10	18	.357	9½

Central Division

Minnesota	17	11	.607	–
Chicago	13	13	.500	3
Cleveland	13	14	.481	3½
Kansas City	8	15	.348	6½
Detroit	8	18	.308	8

West Division

Los Angeles	18	11	.621	–
Houston	17	11	.607	½
Seattle	12	16	.429	5½
Texas	10	14	.417	5½
Oakland	10	17	.370	7

NATIONAL LEAGUE

East Division

New York	19	9	.679	–
Miami	13	14	.481	5½
Atlanta	13	16	.448	6½
Philadelphia	11	15	.423	7
Washington	10	19	.345	9½

Central Division

Milwaukee	19	9	.679	–
St. Louis	16	11	.593	2½
Pittsburgh	11	15	.423	7
Chicago	9	17	.346	9
Cincinnati	4	23	.148	14½

West Division

Los Angeles	18	7	.720	–
San Diego	18	10	.643	1½
Colorado	16	11	.593	3
San Francisco	15	12	.556	4
Arizona	14	14	.500	5½

BY THE ASSOCIATED PRESS

LAKAY

From Page 20

to 4 points, 90-86, with another 3-pointer from Dela Cruz.

Following several fruitless forays by both teams including a missed technical free throw by Team Marianas, Dela Cruz again rose to the occasion by nailing a third straight triple to make it 90-89 with time down to 2:56.

Good thing, shooting guard Preston Basa rifled a three of his own to make it a 4-point spread, 93-89, before Zeric Gant pulled up from 8 feet to give Lakay-Islander a 6-point advantage entering the last two-minute mark of the contest.

Coby Santos stopped the bleeding for Team Marianas to make it 95-91 before Basa copied his idol, Dwyane Wade, with a slick fake-pass-then-shoot move in the final 1:18 of the match that pegged the final score.

Team Marianas actually grabbed the early lead with Santos firing 10 points in the first quarter, which they took 27-26. Lakay-Islander continued to trail Team Marianas at the end of the first half, 48-51, before taking a candlestick lead, 70-68, entering the fourth and final quarter.

Basa led all scorers with 29 points, 12 of them coming in the payoff period, while Marvin Rabauliman and Jet Jandoc scored 16 points apiece in support. Dela Cruz pumped 12 of his team-high 24 points in the fourth quarter to lead Team Marianas, which also got 18 points from Santos.

In the third place match prior to Game 1 of the open division finals, Blue Haus won by default as The Game wasn't able to marshal enough players. Lakay-Islander advanced to the finals after routing a depleted The Game squad, 94-77, in the second game last Thursday. Earlier, Team Marianas walloped Blue Haus, 99-82, to punch the first ticket to the championship series.

In the battle for third in the masters division last Wednesday, NAPA Auto nipped Marianas Dental Center, 77-76, thanks to the late-game heroics of Jorge De Guzman. Results of the best-of-three finals in the masters division between Blue Haus and Eagle Construction will be published in the next issue of *Saipan Tribune.*

Lakay/Islanders 97 – Basa 29, Rabauliman 16, Jandoc 16, Gant 10, Escano 10, Quan 8, Palacios 6.

Team Marianas 91 – Dela Cruz 24, Santos 18, Deleon Guerrero 10, Aranda 10, Castro 9, Naraja 8, Augenbaugh 7, Villarin 3, Sablan 2.

Scoring by quarters: 25-27, 48-51, 70-69, 97-91.

CAROL

From Page 20

my family, and my country. I can't wait to compete and do my best!" said Lee to *Saipan Tribune* when asked about her reaction to the selection.

She said getting selected in the singles and doubles divisions of NCAA tournament is so far the biggest achievement of her young tennis career.

"My goal is to reach to the finals for both singles and doubles," she said.

According to ramblinwreck.com, Lee led the Yellow Jackets from the No. 1 singles position all season long after compiling a 15-5 win-loss record at the top spot. Overall this season, the sophomore boasted a 23-7 singles record, including a 17-5 dual mark. Lee has been nationally ranked in the Top 100 all season and has steadily climbed to her current No. 26 singles ranking entering the NCAA Tournament. Lee will be making her first appearance in the singles championship.

As a doubles unit, Lee and Sharabura, who are seeded No. 4 in the tournament, have held down the top position this season, producing an 11-3 mark at No. 1. Overall, the pair owns a 22-5 doubles record on the season, including a 17-3 dual ledger and 9-3 mark against Atlantic Coast Conference opponents. Lee and Sharabura entered the national doubles rankings on Feb. 9 at No. 34 and broke into the top 10 at No. 9 on March 23. Currently ranked No. 4, the pair will be making their first NCAA doubles championship appearance.

Georgia Tech's No. 39-ranked doubles pair of Ava Hrastar and Kylie Bilchev are listed as alternates in the doubles championship. The pair own a 17-9 overall doubles record this season and have gone 10-8 in dual play, mainly from the No. 2 position.

Bucks edge Celtics 103-101 after frantic final second

PAGE 17

Saipan Tribune
Sports

80-1 shot Rich Strike races to huge upset in Kentucky Derby

PAGE 19

Mancao, Myers have the Force in Stars War run

MARK RABAGO

More than 200 signed up for Run Saipan's 2nd Annual Star Wars Day Run last Saturday at the American Memorial Park. Photo shows majority of the runners pose for a group photo with some, including Run Saipan president Edward Dela Cruz Jr., Saipan International School headmaster Dr. Ron Snyder, and Northern Marianas College president Dr. Galvin Deleon Guerrero, dressed in full Star Wars regalia

MARK RABAGO
mark_rabago@saipantribune.com
ASSOCIATE EDITOR

While it wasn't exactly the Millennium Falcon's Kessel Run, Michael Mancao and Denise Myers used the Force to top Run Saipan's 2nd Annual Star Wars Day Run last Saturday at the American Memorial Park.

Mancao almost mirrored the Millennium Falcon's record-run of 20 parsecs with a run of 20:02.8 in the 5-kilometer run, while her fellow CNMI National Athletics Team member, Myers, won the women's division in a time 20:08.08.

Rex Pixley finished runner-up to Mancao after clocking in at 20:56, while barefoot runner Chong Nam Lee completed the Top 3 in the men's division with a time of 22:14.

Run Saipan member Evelyn Pangelinan amazingly finished second to Myers in

See MANCAO on Page 19

Lakay/Islander draws first blood in open finals

MARK RABAGO
mark_rabago@saipantribune.com
ASSOCIATE EDITOR

Lakay-Islander is a game away from winning the open division of the Inaugural SCLC Basketball League after turning back Team Marianas, 97-91, in Game 1 of their best-of-three finals last Saturday at the Gillette Multi-Purpose Gymnasium in Gualo Rai.

The outcome wasn't determined until the final minute of the game. After Lakay-Islander took an 86-78 lead, Team Marianas inched closer with a stick-back by Jack Aranda and a booming triple by Chioni Dela Cruz with 5:15 left in the ballgame.

Sidney Quan had a personal 4-0 run for Lakay-Islander to make it 90-83, but Team Marianas whittled that lead down

See LAKAY on Page 19

MARK RABAGO

Lakay-Islander's Zeric Gant attempts a fadeaway jumper against Team Marianas' Coby Santos in Game 1 of their best-of-three finals series in the open division of the Inaugural SCLC Basketball League last Saturday at the Gillette Multi-Purpose Gymnasium in Gualo Rai.

Carol gets singles, doubles berth in NCAA tennis champs

Lee

MARK RABAGO
mark_rabago@saipantribune.com
ASSOCIATE EDITOR

The CNMI's very own Carol Lee has been selected to represent Georgia Tech in both the singles and doubles divisions of the 2022 NCAA Division I Women's Tennis Championships.

According to the Georgia Tech athletics program's website, ramblinwreck.com, Lee was one of only 64 singles players selected for the season-ending tourney and his team up with Kate Sharabura is one of 32 doubles teams selected in the doubles division.

The singles and doubles competition will take place May 23-28 at the Khan Outdoor Tennis Complex on the campus of the University of Illinois. Prior to the 2022 NCAA Division I Women's Tennis Championships, Lee and Sharabura will also suit up for the Yellow Jackets in the NCAA team championship, which is scheduled to run May 20-22.

"I am beyond thankful and honored to represent the team,

See CAROL on Page 19